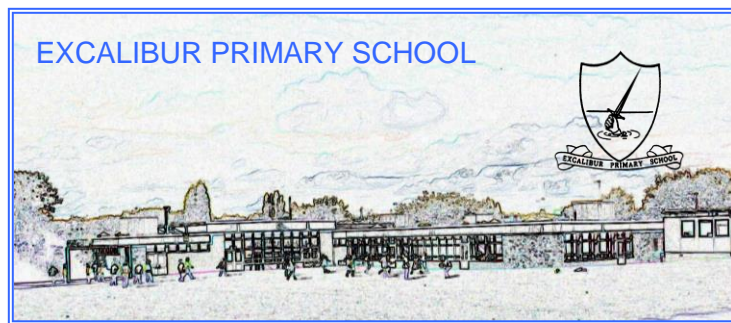


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Headteacher: Lise Houldsworth



24<sup>th</sup> March 2017

Dear Parent / Carer,

### **EXCALIBUR – HEALTH AND WELL BEING INITIATIVE**

At Excalibur, we are very proud to promote health and well-being to our pupils and parents. We aim to encourage and improve the impact of physical education, both at school and at home. To do this, we are enlisting the help of Amaven Ltd, a company specialising in physical education assessment for schools. Amaven is dedicated to helping individuals of all ages to lead more active and sportier lives and embedding a healthy lifestyle; we hope that this will develop a lifelong love of physical activity in our pupils.

Amaven will carry out the assessments, which consist of a series of short, enjoyable physical activities. You will be able to access your child's results from home, via the on line "locker", as well as individual home activity plans. This system enables the school, parents and pupils to accelerate learning in physical education as it provides both class and personalised training plans based on their assessments. Practice in specific aspects can then be applied in preparation for future assessments, meaning that your child can take ownership of their continued improvement. Our aim is for each child to reach their full potential and be able to play sport with confidence. We believe that this initiative will have real impact.

For further details about Amaven, please take the time to visit [www.amaven.co.uk](http://www.amaven.co.uk).

The starting point for the school is on Tuesday 28th March 2017 when the Amaven Team are coming into school to complete the initial assessment with all the pupils in years 1 to 6. **Please could you help the school by sending your child to school in their PE kit on this day.**

This is a really exciting project for our school and one which will continue to help us to offer your child an outstanding education.

Yours sincerely,

L Houldsworth  
Head Teacher