Allergen Charts - Week One Menu - Treetops Summer Term 2
Dish:

## Croissants with ham/fruit

| Ingredients | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Peanuts | Nuts | Soya | Milk | Celery | Mustard | Sesame |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tesco All Butter Croissants | $\checkmark$ |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |
| Eastman's Cooked Ham |  |  |  |  |  |  |  |  |  |  |  |
| Fruit selection (see misc. chart) |  |  |  |  |  |  |  |  |  |  |  |

Dish:
Bagels with cream cheese and salad

| Ingredients | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Peanuts | Nuts | Soya | Milk | Celery | Mustard | Sesame |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tesco soft cheese |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |
| Warburtans Plain Bagels | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |  |  |  |
| Salad selection (see misc. chart) |  |  |  |  |  |  |  |  |  |  |  |

Dish:
Tortilla wraps with ham, cheese and salad

| Ingredients | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Peanuts | Nuts | Soya | Milk | Celery | Mustard | Sesame |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tesco Mini White Tortilla Wraps | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Eastman's Cooked Ham |  |  |  |  |  |  |  |  |  |  |  |
| Tesco Medium Cheddar |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |
| Salad selection (see misc. chart) |  |  |  |  |  |  |  |  |  |  |  |

Dish:
Pasta with tomato sauce

| Ingredients | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Peanuts | Nuts | Soya | Milk | Celery | Mustard | Sesame |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hearty Food Co. Penne Pasta | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Tesco creamy tomato and herb <br> pasta sauce |  |  |  |  |  |  |  |  |  |  |  |

Dish:
Potato waffles, cheese and beans

| Ingredients | Cereals <br> containing <br> gluten | Crustaceans | Eggs | Fish | Peanuts | Nuts | Soya | Milk | Celery | Mustard | Sesame |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tesco potato waffles |  |  |  |  |  |  |  |  |  |  |  |
| Tesco medium cheddar cheese |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |
| Baked Beans |  |  |  |  |  |  |  |  |  |  |  |

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[^0]:    * Please note we can not guarantee that these items have not come into contact with other allergens whilst in the process of being prepared*

