

Excalibur Primary School First Aid Learning Plan

Year Group	First Aid Coverage	Objectives (<i>italics are objectives to be recapped from previous years</i>)
1	<ul style="list-style-type: none"> • Why is First Aid Important? • Calling for help 	<ul style="list-style-type: none"> • understand what first aid is. • understand the importance of first aid. • understand it is most important to ensure the safety of myself and others when faced with an emergency situation. • assist in an emergency by calling for help correctly. • seek medical help if required. • assist in an emergency by calling for help correctly.
2	<ul style="list-style-type: none"> • Why is First Aid Important? • Calling for help • Giving First Aid 	<ul style="list-style-type: none"> • understand what first aid is. • understand the importance of first aid. • understand what first aid a person might need to help them recover from an injury. • understand what could be said to comfort somebody in a first aid situation. • understand it is most important to ensure the safety of myself and others when faced with an emergency situation. • assist in an emergency by calling for help correctly. • seek medical help if required. • assist in an emergency by calling for help correctly.
3	<ul style="list-style-type: none"> • Calling for help • Head injuries • Asthma 	<ul style="list-style-type: none"> • understand it is most important to ensure the safety of myself and others when faced with an emergency situation. • assist in an emergency by calling for help correctly.

The following plan makes reference to the St. John's Ambulance resources

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		<ul style="list-style-type: none"> • give the correct information when calling the emergency services for help. • seek medical help if required. • assess a casualty's condition calmly. • comfort and reassure a casualty who has a head injury. • seek medical help if required. • assess a casualty's condition calmly and identify an allergic reaction to a bite or sting. • comfort and reassure a casualty who has been bitten or stung • seek medical help if required. • identify and manage a casualty who is having difficulty breathing due to asthma. • comfort and reassure the casualty who is having an asthma attack.
4	<ul style="list-style-type: none"> • Calling for help • Head injuries • Bites and stings • Asthma • Bleeding 	<ul style="list-style-type: none"> • <i>understand it is most important to ensure the safety of myself and others when faced with an emergency situation.</i> • <i>assist in an emergency by calling for help correctly.</i> • <i>give the correct information when calling the emergency services for help.</i> • <i>assess a casualty's condition calmly.</i> • <i>comfort and reassure a casualty who has a head injury.</i> • <i>seek medical help if required.</i>

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		<ul style="list-style-type: none"> • <i>assess a casualty's condition calmly and identify an allergic reaction to a bite or sting.</i> • <i>comfort and reassure a casualty who has been bitten or stung</i> • <i>identify and manage a casualty who is having difficulty breathing due to asthma.</i> • <i>comfort and reassure the casualty who is having an asthma attack</i> • <i>seek medical help if required.</i> • <i>comfort and reassure a casualty who is bleeding.</i>
5	<ul style="list-style-type: none"> • Calling for help • Head injuries • Bites and stings • Asthma • Bleeding • Choking 	<ul style="list-style-type: none"> • <i>understand it is most important to ensure the safety of myself and others when faced with an emergency situation.</i> • <i>assist in an emergency by calling for help correctly.</i> • <i>give the correct information when calling the emergency services for help.</i> • <i>assess a casualty's condition calmly.</i> • <i>comfort and reassure a casualty who has a head injury.</i> • <i>seek medical help if required.</i> • <i>assess a casualty's condition calmly and identify an allergic reaction to a bite or sting.</i> • <i>comfort and reassure a casualty who has been bitten or stung</i> • <i>identify and manage a casualty who is having difficulty breathing due to asthma.</i> • <i>comfort and reassure the casualty who is having an asthma attack</i> • <i>seek medical help if required.</i> • <i>comfort and reassure a casualty who is bleeding.</i>

The following plan makes reference to the St. John's Ambulance resources

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		<ul style="list-style-type: none"> • recognise when someone is choking • administer first aid to a casualty that is choking (including back blows and tummy thrusts) • seek medical help if required for a choking casualty.
6	<ul style="list-style-type: none"> • Calling for help • Head injuries • Bites and stings • Asthma • Bleeding • Choking • Basic Life Support and Introduction to CPR 	<ul style="list-style-type: none"> • <i>understand it is most important to ensure the safety of myself and others when faced with an emergency situation.</i> • <i>assist in an emergency by calling for help correctly.</i> • <i>give the correct information when calling the emergency services for help.</i> • <i>assess a casualty's condition calmly.</i> • <i>comfort and reassure a casualty who has a head injury.</i> • <i>seek medical help if required.</i> • <i>assess a casualty's condition calmly and identify an allergic reaction to a bite or sting.</i> • <i>comfort and reassure a casualty who has been bitten or stung</i> • <i>identify and manage a casualty who is having difficulty breathing due to asthma.</i> • <i>comfort and reassure the casualty who is having an asthma attack</i> • <i>seek medical help if required.</i> • <i>comfort and reassure a casualty who is bleeding.</i> • <i>recognise when someone is choking</i>

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		<ul style="list-style-type: none">• <i>administer first aid to a casualty that is choking (including back blows and tummy thrusts.</i>• <i>seek medical help if required for a choking casualty.</i>• <i>conduct a primary survey</i>• <i>place a casualty who is unresponsive and breathing normally into the recovery position</i>• <i>identify when it is necessary for CPR to be given (when a casualty is unresponsive and not breathing normally)</i>
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