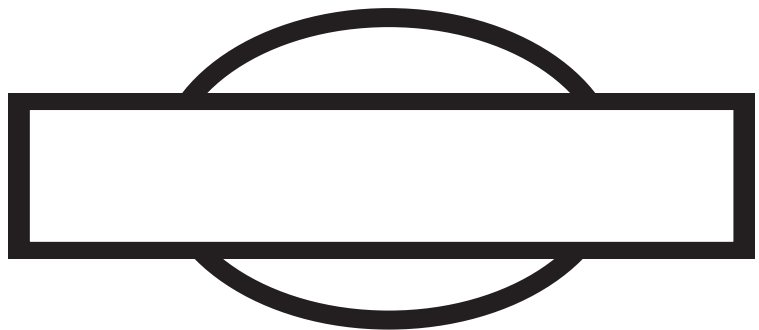
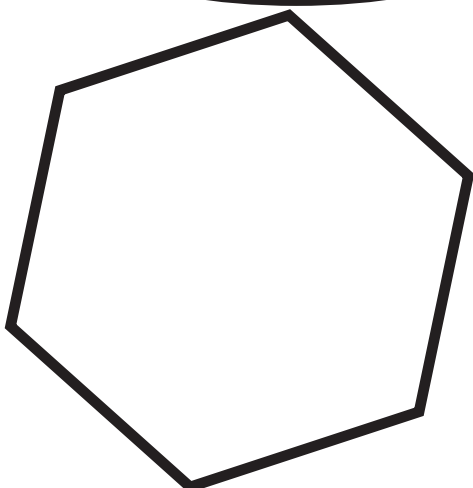
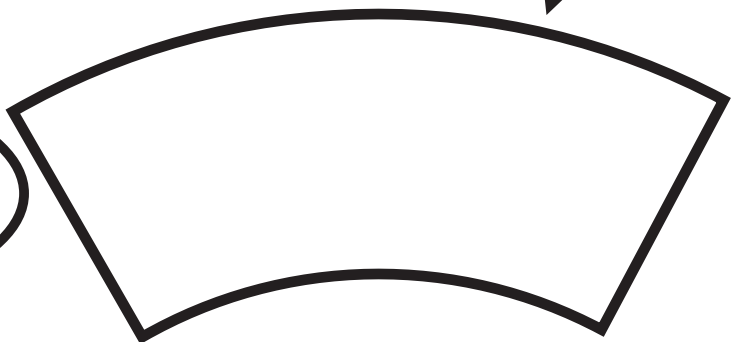
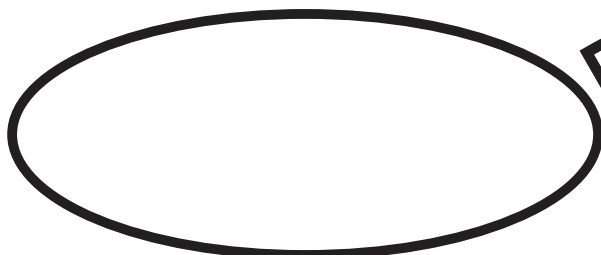
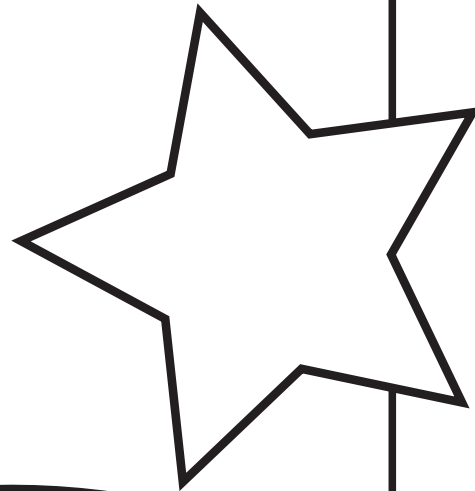
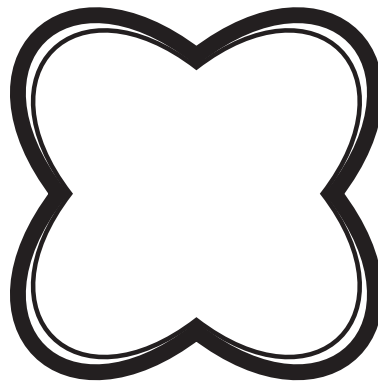
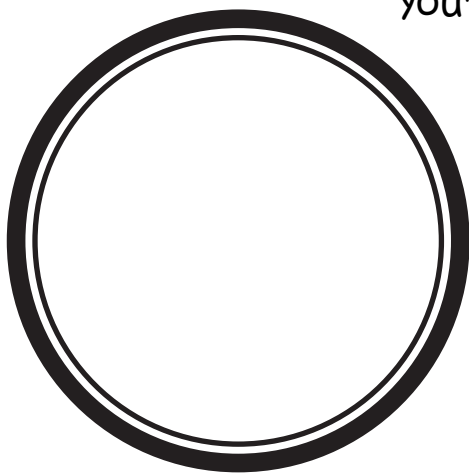


Marvellous Medals

Make these medals and award them to people in your home for acts of kindness you've spotted them doing.

You can even award one to yourself, when you've done something kind!



Get an adult to help you make KINDNESS medals!

- Write the special Kindness Awards onto the medal shapes.
- Then colour the medals, stick them onto cardboard (an old cereal packet will do) and cut them out.
- Tape safety pins (if you have some!) to the backs and pin them on, to remind you and members of your family how great you are! If you don't have safety pins, make a hole and thread string through - or just present the medal to a person!
- Here are some suggestions for medal messages...

Kind and Caring! Thinks of Others! Handy and Helpful!

