

Excalibur PSED Curriculum in EYFS

Subject	Area of the EYFS	Key skills/knowledge	How we teach it	Early Learning Goal
PSED	Personal, social and emotional development Communication and language	To recognise my own feelings To start to understand others might feel different than I To use strategies/language to help me deal with social situations To 'have a go'	My Happy Mind SCARF Life Education Van Games that require taking turns/sharing Promoting independence Praising the effort not the product The power of 'yet'	<p>Self-Regulation ELG Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p>Managing Self ELG Be confident to try new activities and show independence, resilience and perseverance in the face of Challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices.</p> <p>Building Relationships ELG Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers Show sensitivity to their own and to others' needs.</p>