

Seconds, Hours or Minutes

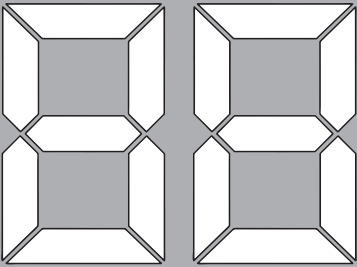
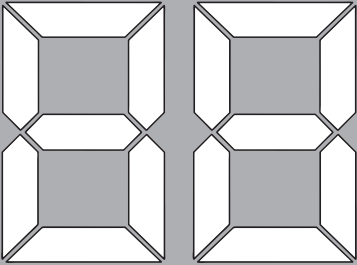
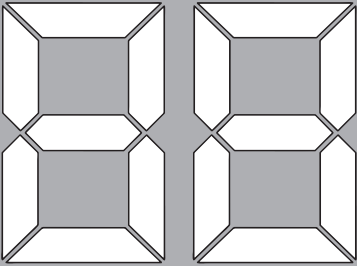
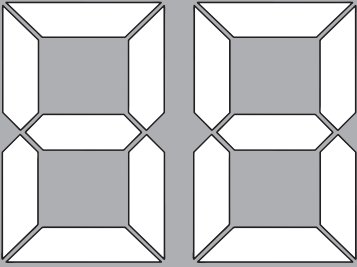
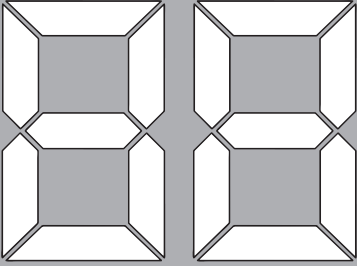
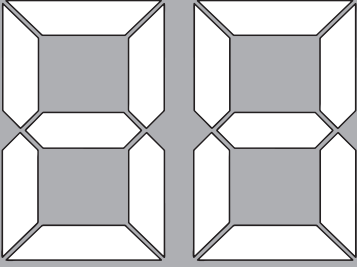
60 seconds = 1 minute

60 minutes = 1 hour

24 hours = 1 day

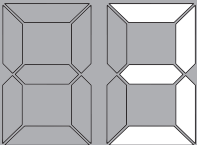
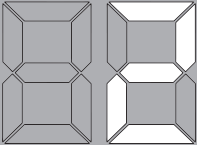
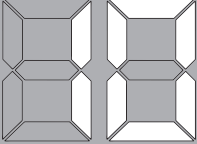
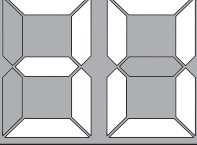
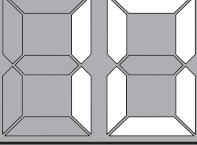
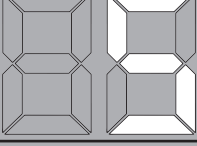
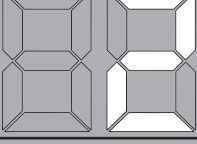
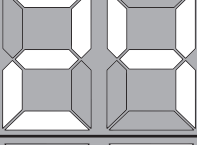
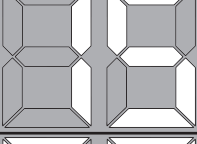
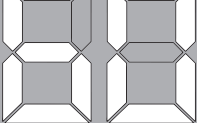
Look at each activity shown below and shade out parts of the number to make the figure you want. Add seconds, minutes, hours or days in the unit column to show you have a good understanding of units of time. The first one has been done for you.

Event	Possible Length	Units
boiling a kettle		minutes
eating an apple		
sleeping at night		
watching one television programme		

bed time story		
pouring a drink		
watching a film		
hours in a day		
climbing the stairs		
minutes in an hour		

Seconds, Hours or Minutes Answers

These answers are not correct for each situation but will give an idea of whether estimates are in the right region.

Event	Possible Length	Units
boiling a kettle		minutes
eating an apple		minutes
sleeping at night		hours
watching one television programme		minutes
bed time story		minutes
pouring a drink		seconds
watching a film		hours
hours in a day		hours
climbing the stairs		seconds
minutes in an hour		minutes