

Today you are going to be drafting the first part (the morning) of your Roman soldier diary. Use the information that you have found as well as the sentences you have created to help you with the morning section of your diary. Some of the things that they did in Roman times are a bit disgusting!

Here are some ideas about what to include in the morning section of your diary.

- Woke up - Where are you? Who is with you?
- Breakfast - What did you eat? What did it taste like?
- Cleaning teeth - What did you use? How did it feel?
- Inspection - How did you prepare? What happened? Who carried out the inspections? How did you feel?

Here is my WAGOLL for you to look at.

Dear Diary,

At 5 o'clock in the morning, the Centurion woke me up by slamming his staff on the concrete floor in the smelly dormitory that was packed because there were seven other huge Roman soldiers snoring alongside me. Feeling exhausted, I stretched my aching body and slowly put on my heavy armour and woollen tunic. For my breakfast, I ate slimy porridge with a huge helping of fish gut sauce. It tasted so disgusting that I thought I was going to be sick! As I brushed my teeth with hard, cracked oyster shells, my gums began to drip with red, fresh blood because they were so sharp. Reluctantly, I washed my sore, bleeding mouth out with the fresh urine I had collected in the latrines and I nearly swallowed some so it made me retch until my throat felt raw. It was dreadful! Soon, it was time for the

Centurion's inspection so as quickly as I could, I polished my armour with the left over urine and I didn't stop until I could see my face in it and my arms began to feel heavy like lead. While the Centurion paced around the room, I was terrified that I would fail and I felt nervous. Luckily, I passed the inspection so I got to have a dormouse dipped in honey as a treat and I was delighted because it was so delicious.

Now you should be ready to get started with drafting your morning section of your diary. Remember to say your sentences to help you think about where to put the punctuation. Read through your writing regularly and once you have finished see if you can edit it to make it the best it can be.