



## Bikeability L1 Information Letter (afterschool)

Dear Year 4 Parent/Guardian

On **Thursday 14th July 2016** Year 4 children have been offered the opportunity to take part in a Bikeability Level 1 course **FREE of Charge** afterschool until 5pm. This is a national scheme funded by the Department for Transport and provided through Cheshire East Council. Level 1 takes place in an environment away from cars and traffic, typically on the school playground. There are a number of outcomes to be taught at Level 1 where your child will gain basic cycle skills including, bike safety checks, starting & stopping under control, manoeuvring, signalling and using gears (if fitted) correctly during the session.

On successful completion your child will receive a badge and certificate. This course is a pre-requisite for Bikeability Level 2 on-road training which your child can progress onto aged 10 or 11 and is also fully funded and offered annually by your school.

For further information on Bikeability Levels 1, 2 & 3 check out the websites:

[www.cyclist-training.co.uk](http://www.cyclist-training.co.uk) or [www.Bikeability.org.uk](http://www.Bikeability.org.uk)

We at Cyclist Training Ltd recommend the use of a cycling helmet but in the event of the child not owning one we would not prevent them from taking part. Parental permission is required if not wearing a helmet.

To take part your child requires;

1. The use of their own or a friend's maintained bike (and helmet).
2. A completed and signed parental consent form **returned by Wednesday 29<sup>th</sup> June 2016.**
3. Suitable outdoor clothing appropriate to weather conditions.

I look forward to seeing your child on the course.

Yours sincerely

Mrs Valerie Mantle  
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Ms L Bundy  
Excalibur Primary School

