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Dear Parents/Carers,

Just to inform you that we have had a few cases of suspected slapped cheek syndrome at Excalibur Primary School. Below is the advice to follow if you have any concerns. For further information please visit <u>https://www.nhs.uk/conditions/slapped-cheek-syndrome/</u>

Symptoms of slapped cheek syndrome:

Symptoms of slapped cheek syndrome usually develop 4-14 days after becoming infected, but sometimes may not appear for up to 21 days.

Initial symptoms:

Some people with slapped cheek syndrome won't notice any early symptoms, but most people will have the following symptoms for a few days:

- a slightly high temperature (fever) of around 38C (100.4F)
- a runny nose
- a <u>sore throat</u>
- a <u>headache</u>
- an upset stomach
- feeling generally unwell

The infection is most contagious during this initial period.

Slapped cheek rash

After a few days, a distinctive bright red rash on both cheeks (the so-called "slapped cheeks") normally appears.

Although there is no recommended period to be kept away from school, please be aware that slapped cheek syndrome can be more serious for vulnerable persons, such as pregnant ladies, people with a weakened immune system, or those with blood disorders.

Yours sincerely

Mrs L Houldsworth Headteacher



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