

Pre-school Allergen Charts

Dish:

Toast

Ingredients	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Nuts	Soya	Milk	Celery	Mustard	Sesame	Molluscs	Sulphur Dioxide (sulphites)
Bread	✓						✓						
Butter								✓					

Dish:

Crumpet

Ingredients	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Nuts	Soya	Milk	Celery	Mustard	Sesame	Molluscs	Sulphur Dioxide (sulphites)
Crumpet	✓												
Butter								✓					

