

PSHE and RHE Overview

Year 1								
Autumn 1	Week 1 (3.9.24 – 6.9.24)	Week 2 (9.9.24 – 13.9.24)	Week 3 (16.9.24 – 20.9.24)	Week 4 (23.9.24 – 27.9.24)	Week 5 (30.9.24 – 4.10.24)	Week 6 (7.10.24 – 11.10.24)	Week 7 (14.10.24 – 18.10.24)	Week 8 (21.10.24 – 25.10.24)
	No outsiders	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	PANTS are Private	World Mental Health Day	TL – It’s my body (L2 and L3)	TL – It’s my body (L3 and L4)
Autumn 2	Week 9 (5.11.24 – 8.11.24)	Week 10 (11.11.24 – 15.11.24)	Week 11 (18.11.24 – 22.11.24)	Week 12 (25.11.24 – 29.11.24)	Week 13 (2.12.24 – 6.12.24)	Week 14 (9.12.24 – 13.12.24)	Week 15 (16.12.24 – 20.4.23)	
	No outsiders	Anti-Bullying Week	DE – Similarities and differences	DE – Similarities and differences	DE – Similarities and differences	Ice Safety Prevention	NSPCC Speak Out Stay Safe	
Spring 1	Week 16 (6.1.25 – 10.1.25)	Week 17 (13.1.25 – 17.1.25)	Week 18 (20.1.25 – 24.1.25)	Week 19 (27.1.25 – 31.1.25)	Week 20 (3.2.25 – 7.2.25)	Week 21 (10.2.25 – 14.2.25)		
	No outsiders	DE - Caring and Responsibility	DE - Caring and Responsibility	DE - Caring and Responsibility	Safer Internet Day	Children’s Mental Health Week		
Spring 2	Week 22 (24.2.25 – 28.2.25)	Week 23 (3.3.25 – 7.3.25)	Week 24 (10.3.25 – 14.3.25)	Week 25 (17.3.25 – 21.3.25)	Week 26 (24.3.25 – 28.3.25)	Week 27 (31.3.25 – 4.4.25)		
	No outsiders	DE - Families and Committed Relationships	DE - Families and Committed Relationships	DE - Families and Committed Relationships	TL – Safety First (L1 and L2)	TL – Safety First (L5 and L6)		
Summer 1	Week 28 (22.4.25 – 25.4.25)	Week 29 (28.4.25 – 1.5.25)	Week 30 (5.5.25 – 9.5.25)	Week 31 (12.5.25 – 16.5.25)	Week 32 (19.5.25 – 23.5.25)			
	No outsiders	DE - Healthy Bodies, Healthy Minds	DE - Healthy Bodies, Healthy Minds	Mental Health Awareness Week	DE - Healthy Bodies, Healthy Minds			
Summer 2	Week 33 (2.6.25 – 6.6.25)	Week 34 (9.6.25 – 13.6.25)	Week 35 (16.6.25 – 20.6.25)	Week 36 (23.6.25 – 27.6.25)	Week 37 (30.6.25 – 4.7.25)	Week 38 (7.7.25 – 11.7.25)	Week 38 (14.7.25 – 18.7.25)	
	No outsiders	DE - Coping with Change	DE - Coping with Change	DE - Coping with Change	TL – Aiming High (L1 and L2)	TL – Aiming High (L3 and L4)	TL – Digital Wellbeing (L4 and L5)	

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Year 2								
	Week 1 (3.9.24 – 6.9.24)	Week 2 (9.9.24 – 13.9.24)	Week 3 (16.9.24 – 20.9.24)	Week 4 (23.9.24 – 27.9.24)	Week 5 (30.9.24 – 4.10.24)	Week 6 (7.10.24 – 11.10.24)	Week 7 (14.10.24 – 18.10.24)	Week 8 (21.10.24 – 25.10.24)
Autumn 1	No outsiders	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	PANTS are Private	World Mental Health Day	TL – Diverse Britain (L1 and L2)	TL – Diverse Britain (L3 and L4)
Autumn 2	Week 9 (5.11.24 – 8.11.24)	Week 10 (11.11.24 – 15.11.24)	Week 11 (18.11.24 – 22.11.24)	Week 12 (25.11.24 – 29.11.24)	Week 13 (2.12.24 – 6.12.24)	Week 14 (9.12.24 – 13.12.24)	Week 15 (16.12.24 – 20.4.23)	
	No outsiders	Anti-Bullying Week	DE – Similarities and differences	DE – Similarities and differences	DE – Similarities and differences	Ice Safety Prevention	NSPCC Speak Out Stay Safe	
Spring 1	Week 16 (6.1.25 – 10.1.25)	Week 17 (13.1.25 – 17.1.25)	Week 18 (20.1.25 – 24.1.25)	Week 19 (27.1.25 – 31.1.25)	Week 20 (3.2.25 – 7.2.25)	Week 21 (10.2.25 – 14.2.25)		
	No outsiders	DE - Caring and Responsibility	DE - Caring and Responsibility	DE - Caring and Responsibility	Safer Internet Day	Children’s Mental Health Week		
Spring 2	Week 22 (24.2.25 – 28.2.25)	Week 23 (3.3.25 – 7.3.25)	Week 24 (10.3.25 – 14.3.25)	Week 25 (17.3.25 – 21.3.25)	Week 26 (24.3.25 – 28.3.25)	Week 27 (31.3.25 – 4.4.25)		
	No outsiders	DE - Families and Committed Relationships	DE - Families and Committed Relationships	DE - Families and Committed Relationships	TL – Growing Up (L1)	TL – Growing Up (L5 and L6)		
Summer 1	Week 28 (22.4.25 – 25.4.25)	Week 29 (28.4.25 – 1.5.25)	Week 30 (5.5.25 – 9.5.25)	Week 31 (12.5.25 – 16.5.25)	Week 32 (19.5.25 – 23.5.25)			
	No outsiders	DE - Healthy Bodies, Healthy Minds	DE - Healthy Bodies, Healthy Minds	Mental Health Awareness Week	DE - Healthy Bodies, Healthy Minds			
Summer 2	Week 33 (2.6.25 – 6.6.25)	Week 34 (9.6.25 – 13.6.25)	Week 35 (16.6.25 – 20.6.25)	Week 36 (23.6.25 – 27.6.25)	Week 37 (30.6.25 – 4.7.25)	Week 38 (7.7.25 – 11.7.25)	Week 38 (14.7.25 – 18.7.25)	
	No outsiders	DE - Coping with Change	DE - Coping with Change	DE - Coping with Change	TL – Money Matters (L1 and L2)	TL – Money Matters (L3 and L4)	TL – Money Matters (L5)	

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Year 3								
	Week 1 (3.9.24 – 6.9.24)	Week 2 (9.9.24 – 13.9.24)	Week 3 (16.9.24 – 20.9.24)	Week 4 (23.9.24 – 27.9.24)	Week 5 (30.9.24 – 4.10.24)	Week 6 (7.10.24 – 11.10.24)	Week 7 (14.10.24 – 18.10.24)	Week 8 (21.10.24 – 25.10.24)
Autumn 1	No outsiders	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	PANTS are Private	World Mental Health Day	TL – Aiming High (L1)	TL – Aiming High (L4)
Autumn 2	Week 9 (5.11.24 – 8.11.24)	Week 10 (11.11.24 – 15.11.24)	Week 11 (18.11.24 – 22.11.24)	Week 12 (25.11.24 – 29.11.24)	Week 13 (2.12.24 – 6.12.24)	Week 14 (9.12.24 – 13.12.24)	Week 15 (16.12.24 – 20.4.23)	
	No outsiders	Anti-Bullying Week	DE – Similarities and differences	DE – Similarities and differences	DE – Similarities and differences	Ice Safety Prevention	NSPCC Speak Out Stay Safe	
Spring 1	Week 16 (6.1.25 – 10.1.25)	Week 17 (13.1.25 – 17.1.25)	Week 18 (20.1.25 – 24.1.25)	Week 19 (27.1.25 – 31.1.25)	Week 20 (3.2.25 – 7.2.25)	Week 21 (10.2.25 – 14.2.25)		
	No outsiders	DE - Caring and Responsibility	DE - Caring and Responsibility	DE - Caring and Responsibility	Safer Internet Day	Children’s Mental Health Week		
Spring 2	Week 22 (24.2.25 – 28.2.25)	Week 23 (3.3.25 – 7.3.25)	Week 24 (10.3.25 – 14.3.25)	Week 25 (17.3.25 – 21.3.25)	Week 26 (24.3.25 – 28.3.25)	Week 27 (31.3.25 – 4.4.25)		
	No outsiders	DE - Families and Committed Relationships	DE - Families and Committed Relationships	DE - Families and Committed Relationships	TL – Aiming High (L5)	TL – Aiming High (L6)		
Summer 1	Week 28 (22.4.25 – 25.4.25)	Week 29 (28.4.25 – 1.5.25)	Week 30 (5.5.25 – 9.5.25)	Week 31 (12.5.25 – 16.5.25)	Week 32 (19.5.25 – 23.5.25)			
	No outsiders	DE - Healthy Bodies, Healthy Minds	DE - Healthy Bodies, Healthy Minds	Mental Health Awareness Week	DE - Healthy Bodies, Healthy Minds			
Summer 2	Week 33 (2.6.25 – 6.6.25)	Week 34 (9.6.25 – 13.6.25)	Week 35 (16.6.25 – 20.6.25)	Week 36 (23.6.25 – 27.6.25)	Week 37 (30.6.25 – 4.7.25)	Week 38 (7.7.25 – 11.7.25)	Week 38 (14.7.25 – 18.7.25)	
	No outsiders	DE - Coping with Change	DE - Coping with Change	DE - Coping with Change	FIRST AID WEEK	TL – Think Positive (L3)	TL – Digital Wellbeing (L2)	

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Year 4								
Autumn 1	Week 1 (3.9.24 – 6.9.24)	Week 2 (9.9.24 – 13.9.24)	Week 3 (16.9.24 – 20.9.24)	Week 4 (23.9.24 – 27.9.24)	Week 5 (30.9.24 – 4.10.24)	Week 6 (7.10.24 – 11.10.24)	Week 7 (14.10.24 – 18.10.24)	Week 8 (21.10.24 – 25.10.24)
	No outsiders	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	PANTS are Private	World Mental Health Day	TL – Digital Wellbeing (L3)	TL – Digital Wellbeing (L4)
Autumn 2	Week 9 (5.11.24 – 8.11.24)	Week 10 (11.11.24 – 15.11.24)	Week 11 (18.11.24 – 22.11.24)	Week 12 (25.11.24 – 29.11.24)	Week 13 (2.12.24 – 6.12.24)	Week 14 (9.12.24 – 13.12.24)	Week 15 (16.12.24 – 20.4.23)	
	No outsiders	Anti-Bullying Week	DE – Similarities and differences	DE – Similarities and differences	DE – Similarities and differences	Ice Safety Prevention	NSPCC Speak Out Stay Safe	
Spring 1	Week 16 (6.1.25 – 10.1.25)	Week 17 (13.1.25 – 17.1.25)	Week 18 (20.1.25 – 24.1.25)	Week 19 (27.1.25 – 31.1.25)	Week 20 (3.2.25 – 7.2.25)	Week 21 (10.2.25 – 14.2.25)		
	No outsiders	DE - Caring and Responsibility	DE - Caring and Responsibility	DE - Caring and Responsibility	Safer Internet Day	Children’s Mental Health Week		
Spring 2	Week 22 (24.2.25 – 28.2.25)	Week 23 (3.3.25 – 7.3.25)	Week 24 (10.3.25 – 14.3.25)	Week 25 (17.3.25 – 21.3.25)	Week 26 (24.3.25 – 28.3.25)	Week 27 (31.3.25 – 4.4.25)		
	No outsiders	DE - Families and Committed Relationships	DE - Families and Committed Relationships	DE - Families and Committed Relationships	TL – Money Matters (L1)	TL – Money Matters (L3)		
Summer 1	Week 28 (22.4.25 – 25.4.25)	Week 29 (28.4.25 – 1.5.25)	Week 30 (5.5.25 – 9.5.25)	Week 31 (12.5.25 – 16.5.25)	Week 32 (19.5.25 – 23.5.25)			
	No outsiders	DE - Healthy Bodies, Healthy Minds	DE - Healthy Bodies, Healthy Minds	Mental Health Awareness Week	DE - Healthy Bodies, Healthy Minds			
Summer 2	Week 33 (2.6.25 – 6.6.25)	Week 34 (9.6.25 – 13.6.25)	Week 35 (16.6.25 – 20.6.25)	Week 36 (23.6.25 – 27.6.25)	Week 37 (30.6.25 – 4.7.25)	Week 38 (7.7.25 – 11.7.25)	Week 38 (14.7.25 – 18.7.25)	
	No outsiders	DE - Coping with Change	DE - Coping with Change	DE - Coping with Change	FIRST AID WEEK	TL – Money Matters (L4)	TL – Safety First (L1)	

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Year 5								
Autumn 1	Week 1 (3.9.24 – 6.9.24)	Week 2 (9.9.24 – 13.9.24)	Week 3 (16.9.24 – 20.9.24)	Week 4 (23.9.24 – 27.9.24)	Week 5 (30.9.24 – 4.10.24)	Week 6 (7.10.24 – 11.10.24)	Week 7 (14.10.24 – 18.10.24)	Week 8 (21.10.24 – 25.10.24)
	No outsiders	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	PANTS are Private	World Mental Health Day	TL – Safety First (L5)	TL – Safety First (L6)
Autumn 2	Week 9 (5.11.24 – 8.11.24)	Week 10 (11.11.24 – 15.11.24)	Week 11 (18.11.24 – 22.11.24)	Week 12 (25.11.24 – 29.11.24)	Week 13 (2.12.24 – 6.12.24)	Week 14 (9.12.24 – 13.12.24)	Week 15 (16.12.24 – 20.4.23)	
	No outsiders	Anti-Bullying Week	DE – Similarities and differences	DE – Similarities and differences	DE – Similarities and differences	Ice Safety Prevention	NSPCC Speak Out Stay Safe	
Spring 1	Week 16 (6.1.25 – 10.1.25)	Week 17 (13.1.25 – 17.1.25)	Week 18 (20.1.25 – 24.1.25)	Week 19 (27.1.25 – 31.1.25)	Week 20 (3.2.25 – 7.2.25)	Week 21 (10.2.25 – 14.2.25)		
	No outsiders	DE - Caring and Responsibility	DE - Caring and Responsibility	DE - Caring and Responsibility	Safer Internet Day	Children’s Mental Health Week		
Spring 2	Week 22 (24.2.25 – 28.2.25)	Week 23 (3.3.25 – 7.3.25)	Week 24 (10.3.25 – 14.3.25)	Week 25 (17.3.25 – 21.3.25)	Week 26 (24.3.25 – 28.3.25)	Week 27 (31.3.25 – 4.4.25)		
	No outsiders	DE - Families and Committed Relationships	DE - Families and Committed Relationships	DE - Families and Committed Relationships	TL – It’s my body (L3)	TL – It’s my body (L4)		
Summer 1	Week 28 (22.4.25 – 25.4.25)	Week 29 (28.4.25 – 1.5.25)	Week 30 (5.5.25 – 9.5.25)	Week 31 (12.5.25 – 16.5.25)	Week 32 (19.5.25 – 23.5.25)			
	No outsiders	DE - Healthy Bodies, Healthy Minds	DE - Healthy Bodies, Healthy Minds	Mental Health Awareness Week	DE - Healthy Bodies, Healthy Minds			
Summer 2	Week 33 (2.6.25 – 6.6.25)	Week 34 (9.6.25 – 13.6.25)	Week 35 (16.6.25 – 20.6.25)	Week 36 (23.6.25 – 27.6.25)	Week 37 (30.6.25 – 4.7.25)	Week 38 (7.7.25 – 11.7.25)	Week 38 (14.7.25 – 18.7.25)	
	No outsiders	DE - Coping with Change	DE - Coping with Change	DE - Coping with Change	FIRST AID WEEK	TL – Be Yourself (L3)	TL – Diverse Britain (L1)	

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Year 6								
Autumn 1	Week 1 (3.9.24 – 6.9.24)	Week 2 (9.9.24 – 13.9.24)	Week 3 (16.9.24 – 20.9.24)	Week 4 (23.9.24 – 27.9.24)	Week 5 (30.9.24 – 4.10.24)	Week 6 (7.10.24 – 11.10.24)	Week 7 (14.10.24 – 18.10.24)	Week 8 (21.10.24 – 25.10.24)
	No outsiders	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	DE – Healthy and Happy Friendships	PANTS are Private	World Mental Health Day	TL – Diverse Britain (Lesson 2)	TL – Diverse Britain (Lesson 3 and 4)
Autumn 2	Week 9 (5.11.24 – 8.11.24)	Week 10 (11.11.24 – 15.11.24)	Week 11 (18.11.24 – 22.11.24)	Week 12 (25.11.24 – 29.11.24)	Week 13 (2.12.24 – 6.12.24)	Week 14 (9.12.24 – 13.12.24)	Week 15 (16.12.24 – 20.4.23)	
	No outsiders	Anti-Bullying Week	DE – Similarities and differences	DE – Similarities and differences	DE – Similarities and differences	Ice Safety Prevention	NSPCC Speak Out Stay Safe	
Spring 1	Week 16 (6.1.25 – 10.1.25)	Week 17 (13.1.25 – 17.1.25)	Week 18 (20.1.25 – 24.1.25)	Week 19 (27.1.25 – 31.1.25)	Week 20 (3.2.25 – 7.2.25)	Week 21 (10.2.25 – 14.2.25)		
	No outsiders	DE - Caring and Responsibility	DE - Caring and Responsibility	DE - Caring and Responsibility	Safer Internet Day	Children’s Mental Health Week		
Spring 2	Week 22 (24.2.25 – 28.2.25)	Week 23 (3.3.25 – 7.3.25)	Week 24 (10.3.25 – 14.3.25)	Week 25 (17.3.25 – 21.3.25)	Week 26 (24.3.25 – 28.3.25)	Week 27 (31.3.25 – 4.4.25)		
	No outsiders	DE - Families and Committed Relationships	DE - Families and Committed Relationships	DE - Families and Committed Relationships	TL – It’s my body (L5)	TL – It’s my body (L6)		
Summer 1	Week 28 (22.4.25 – 25.4.25)	Week 29 (28.4.25 – 1.5.25)	Week 30 (5.5.25 – 9.5.25)	Week 31 (12.5.25 – 16.5.25)	Week 32 (19.5.25 – 23.5.25)			
	No outsiders	DE - Healthy Bodies, Healthy Minds	DE - Healthy Bodies, Healthy Minds	Mental Health Awareness Week	DE - Healthy Bodies, Healthy Minds			
Summer 2	Week 33 (2.6.25 – 6.6.25)	Week 34 (9.6.25 – 13.6.25)	Week 35 (16.6.25 – 20.6.25)	Week 36 (23.6.25 – 27.6.25)	Week 37 (30.6.25 – 4.7.25)	Week 38 (7.7.25 – 11.7.25)	Week 38 (14.7.25 – 18.7.25)	
	No outsiders	DE - Coping with Change	DE - Coping with Change	DE - Coping with Change	FIRST AID WEEK	Y6 Transition to Secondary (L1)	Y6 Transition to Secondary (L2)	Y6 Transition to Secondary (L3)