## PSHE and RHE

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Net of the state of t	Teal			•			
Presh         Making friends and geting and paper Friendshop         Making friends and geting and paper Presh         1         Immig friendships         66         Discovery Ed           Version         Friendshop         2         Making friends and geting along sharing and unu taking B, 67         66         Discovery Ed           Version         Making friends and geting along sharing and unu taking B, 67         66         Discovery Ed         Discovery Ed           Health and Weilbeing         Making friends and geting along sharing and tables and Haspy, Healthy food (12)         H5, H6, H7, H10, H22, H32, H37         TWINKLIFE           Health and Weilbeing         Resogning strengths and respecting streng		Autumni	No Outsiders	, , ,			No Outsiders
Number in the state of the state state of the state of the state of the state of the s			Healthy and Happy			R6	Discovery Ed
Number is a set of the set of th							
Year 1         Res         Res         Res           Year 1         Spring 1         No Outsiders         Responsability         1. Ackets and calceg and Happy, Healthy flood (12 and 3)         HS, HA, HS, HZ, H2D, H2D, H2D, H2D, H2D, H2D, H2D, H2D			i nendompo			-	· ·
Veri 1         Image: Control of the section of t				PANTS are Pr			
Presh         Health and Wellbeing Probability         H1's my body Probability         Active and sales paid Happy, Healthy food [L2 a, d3]         H5, H6, H7, H10, H25, H31, H37         MVINLLife           Autumn 2         No Outsiders         Everyone can join in and we don't leave anyone out. To join in         Clean as a whistle and Can I eat H7 [I 4 and 5]         H5, H6, H7, H10, H25, H31, H37         MvINLLife           Autumn 2         No Outsiders         Recognising strengths and respecting difficulty makes me unique trespecting difficulty makes me unique respecting difficulty makes me unique 1. Lam spectial         H22, R23, L6, L6, R21, H23, R22         Discovery Ed           No Outsiders         Recognising strengths and respecting difficulty makes me unique trespecting difficulty makes me unique trespecting difficulty makes me unique 2. Who fam makes me unique 2. Who fam makes me unique 2. Who fam makes me unique 3. We don't all feel the same way         H22, R23, L6, L6, R21, H23, R22         Discovery Ed           Spring 1         No Outsiders         Recognising strengths and respecting threy tree finding way of plaining togethe infer strengt togethe 2. We can by togethe finding way of plaining togethe 2. How can special people 2. How can spe							
Ver 1         No Outsiders         Everyone can join i and we don't leave anyone out.         Citican is a whistle and Can Feat It? [14 and 5].         H5, H6, H7, H10, H29, H31, H37         WilkNLUfe           Autumn 2         No Outsiders         Everyone can join i and we don't Similarities and Differences         Recognizing strengths and recspecting difficulty.         1. Iam special         H22, R23, L4, L6, H21, H23, R22.         Discovery Ed           Image: Comparison of the company of the com			Health and Wellbeing		1. Active and asleep and Happy, Healthy food (L2		TWINKLLife
Vert 1         Image: Control of the second of the sec						H5, H6, H7, H10, H29, H31, H37	TWINKLLife
Near 1         Image: Spring 1         No Outsiders         Image: Spring 1         No Outsiders         Image: Spring 1         No Outsiders         No Outsiders           Year 1         Spring 1         No Outsiders         Very 1         We special people         Repring 1         Repring 1         Obscovery Ed           Spring 1         No Outsiders         Very 1         We special people         Repring 1         Obscovery Ed         Obscovery Ed           Spring 2         No Outsiders         Very 1         We special people         Repring 1         Obscovery Ed         Obscovery Ed           Spring 2         No Outsiders         No Outsiders         Very Special people         Repring 1         No Outsiders         Obscovery Ed           Spring 2         No Outsiders         No one has the same hair - we all high: fts a finity Affair- Mylo Freeman         Repring 2         No Outsiders         No Outsiders           Families and Committed Relationships         No one has the same hair - we all high: fts a finity Affair- Mylo Freeman         Repring 2         No Outsiders         No Outsiders           Families and Committed Relationships         No one has the same Affair - Well         No finities         Repring 2         No Outsiders         No Outsiders           Summer 1         No Outsiders         Safe screts and surprisg and saming and and sami		Autumn 2	No Outsiders		÷ ,		No Outsiders
Vear 1         Image: Spring 1         No Outsiders         Image: Spring 1         No Outsiders         Image: Spring 1         No Outsiders         No Outside			Similarities and Differences	Recognising strengths and	1. I am special	H22, R23, L4, L6, H21, H23, R22	Discovery Ed
Ver 1         Image: Control of the problem of th				respecting difficulties	2. Who I am makes me unique	H22, R23, L4, L6, H21, H23, R22	Discovery Ed
Ver 1         Image: Control of the strep server in th					3. We don't all feel the same way	H22, R23, L4, L6, R15, R17, H11, H12, H13,	Discovery Ed
Ver 1         Spring 1         No Outsiders (aring and Responsibility Vear 1]         No Outsiders (bit different things (toy))         Warn to Play Trucks? - Ann Sout and Bob Graham (ike different things (toy))         R2, R3         Discovery Ed           Vear 1]         Caring and Responsibility         Our special people and construction of any special people and conspecial people and conspeci peo						H14, H15, H16	
Spring 1         No Outsiders         We can play together, even if we like different things (toys) link line different things (toys) link line different things (toys) link link link different things (toys) link link different things (to				Ice Safety Prev	ention	H32, H35	
Ver 1         end (ife different things (toys))         Find, ways of playing together (aring and Responsibility)         ife different things (toys)         Find, ways of playing together (box opecial people care for us)         R3, R20, H15, H16         Discovery Ed           Vear 1							
Year 1         Caring and Responsibility         Our special people and Responsibility         Our special people and responsibility         R2, R3         Discovery Ed           Year 1		Spring 1	No Outsiders				No Outsiders
Year 1         Image: second second people care for us			Caring and Responsibility			R2. R3	Discovery Ed
Vear 1         Image: solution of the solution							•
Year 1         Safe Internet Day         R10, L7, L8, L9         Internet Day           Spring 2         No Outsiders         No one has the same hair - we all lair, It's a family Affair - Mylo Freeman Proud to be me         No Outsiders         No Outsiders           Families and Committed Relationships         Families and Committed Relationships         The importance of family 1000000000000000000000000000000000000							· ·
Year 1         Image: Children's Mental Health Week         Moone has the same hair - weal         Hair, It's a Family Affar - Mylo Freeman         No Outsiders         No Outsiders           Spring 2         No Outsiders         No one has the same hair - weal         Hair, It's a Family Affar - Mylo Freeman         No Outsiders         No Outsiders           Families and Committed Relationships         The importance of family Relationships         The importance of family Relationships         1. My family         R2, R1, R4         Discovery Ed           Health and Wellbeing         Safety First         1. Keeping safe and Staying safe at home (L1 and L2)         H28, H29, H33, R19, H28, H29, H30, H31         TWINKLLife           Summer 1         No Outsiders         Everyone is welcome, wherever the faith.         My World, Your World - Melanie Walsh         R13, R16, R18, R19, R20, H33, H35, H36         TWINKLLife           Healthy Bodies, Healthy Minds         Amazing bodies         1. My amazing body         H1         Discovery Ed           Summer 2         No Outsiders         We can work with everyone, even if they are different from ourselves.         Errol's Garden - Gillian Hibbs To work together         No Outsiders         No Outsiders           Coping with Change         Growing and changing 3. A future me         1. Animal babies         R2         R2, R2, R4, R4         Discovery Ed           No Outsiders         Minds <td></td> <td></td> <td colspan="3"></td> <td></td> <td></td>							
Spring 2         No Outsiders         No one has the same hair – we all look different.         Hair, It's a Family Affair - Mylo Freeman Proud to be me Proud to be me         No Outsiders         No Outsiders           Families and Committed Relationships         The importance of family elationships         1. My family         R2, R1, R4         Discovery Ed           Health and Wellbeing         Safety First         1. My family (LS and LG)         Reprint gafe and Staying safe at home (L1 and L2)         R2, R1, R4         Discovery Ed           Summer 1         No Outsiders         Everyone is welcome, wherever they are from, whatever their faith.         Keeping safe at home (Word of Melanie Walsh Ishare the world with lots of people         R13, R16, R18, R19, R20, H33, H35, H36         TWINKLLife           Winds         Amazing bodies         1. My amazing body         H1         Discovery Ed           Winds         Amazing bodies         1. My amazing body         H1         Discovery Ed           Summer 2         No Outsiders         We can work with everyone, even if they are different from durselves.         Errol's Garden - Gillian Hibbs To work together         No Outsiders         No Outsiders           Summer 2         No Outsiders         We can work with everyone, even if they are different from ourselves.         Errol's Garden - Gillian Hibbs To work together         No Outsiders         No Outsiders           Summer 2         N	Year 1				•		
Image: space base base base base base base base bas		Spring 2	No Outsiders				No Outsiders
Relationships     2. Our families     R2, H22, R3     Discovery Ed       Health and Wellbeing     Safety First     1. Keeping safe and Staying safe at home (L 1 and L2)     H28, H29, H33, R19, H28, H29, H30, H31     TWINKLLife       Summer 1     No Outsiders     Everyone is welcome, wherever they are from, whatever their faith.     My World, Your World - Melanie Walsh     R13, R16, R18, R19, R20, H33, H35, H36     TWINKLLife       Healthy Bodies, Healthy Minds     Amazing bodies     1. My amazing body     H1     Discovery Ed       Summer 2     No Outsiders     We can work with everyone, even if they are different from ourselves.     1. My amazing body     H1, H2, H3, H8, H4, H7, H5     Discovery Ed       Summer 2     No Outsiders     We can work with everyone, even if they are different from ourselves.     Errol's Garden - Gillian Hibbs To work together     Frol's Garden - Gillian Hibbs To wate we changed?     R2     No Outsiders     No Outsiders       Coping with Change     Growing and changing     1. Animal babies     R2     R2     Discovery Ed       1. A future me     H22, R23, L4, L6, H21, H23, R22     Discovery Ed     Discovery Ed							
Image: section of the section of t			Families and Committed The importance of family	1. My family	R2, R1, R4	Discovery Ed	
Health and Wellbeing       Safety First       1. Keeping safe and Staying safe at home (L 1 and L2)       H28, H29, H33, R19, H28, H29, H30, H31       TWINKLLife         Summer 1       No Outsiders       Everyone is welcome, wherever they are from, whatever their faith.       My World - Melanie Walsh Ishare the world with lots of people       R13, R16, R18, R19, R20, H33, H35, H36       No Outsiders         Healthy Bodies, Healthy Minds       Everyone is welcome, wherever they are from, whatever their faith.       My World - Melanie Walsh Ishare the world with lots of people       No Outsiders       No Outsiders         Healthy Bodies, Healthy Minds       Amazing bodies       1. My amazing body       H1       Discovery Ed         Summer 2       No Outsiders       We can work with everyone, even if they are different from ourselves.       Errol's Garden - Gillian Hibbs       No Outsiders       No Outsiders         Coping with Change       Growing and changing       I. Animal babies       R2       R2       Discovery Ed         Image: Coping with Change       Growing and changing       I. Animal babies       R2       Discovery Ed       Discovery Ed         Image: Coping with Change       Growing and changing       I. Animal babies       R2       Discovery Ed       Discovery Ed         Image: Coping with Change       Growing and changing       I. Animal babies       R2       Discovery Ed       Discovery Ed <td></td> <td>Relationships</td> <td></td> <td>2. Our families</td> <td>R2, H22, R3</td> <td>Discovery Ed</td>			Relationships		2. Our families	R2, H22, R3	Discovery Ed
Image: secrets and surprises and People who can help (LS and L6)       R13, R16, R18, R19, R20, H33, H35, H36       TWINKLlife         Summer 1       No Outsiders       Everyone is welcome, wherever they are from, whatever their faith.       My World, Your World - Melanie Walsh I share the world with lots of people       No Outsiders       No Outsiders         Healthy Bodies, Healthy Minds       Amazing bodies       1. My amazing body       H1       Discovery Ed         Minds       Amazing bodies       1. My amazing body       R13, R18, R20       Discovery Ed         Vertice body parts       R13, R18, R20       Discovery Ed       Discovery Ed         Summer 2       No Outsiders       We can work with everyone, even if they are different from ourselves.       Errol'S Garden - Gillian Hibbs       To work together         Coping with Change       Growing and changing       1. Animal babies       R2       Discovery Ed         I. How have we changed?       H22, R23, L4, L6, H21, H23, R22       Discovery Ed					3. Superhero families	R2, R1, R4	Discovery Ed
Image:			Health and Wellbeing	Safety First	1. Keeping safe and Staying safe at home (L 1 and L2)	H28, H29, H33, R19, H28, H29, H30, H31	TWINKLLife
Summer 1         No Outsiders         Everyone is welcome, wherever they are from, whatever their faith.         My World, Your World - Melanie Walsh I share the world with lots of people         Melanie Walsh         No Outsiders           Healthy Bodies, Healthy Minds         Amazing bodies         1. My amazing body         H1         Discovery Ed           2.         Private body parts         R13, R18, R20         Discovery Ed           2.         Discovery Ed         Discovery Ed           3.         Looking after our bodies         H1, H2, H3, H8, H4, H7, H5         Discovery Ed           Summer 2         No Outsiders         We can work with everyone, even if they are different from ourselves.         Errol's Garden - Gillian Hibbs         No Outsiders         No Outsiders           Coping with Change         Growing and changing         1. Animal babies         R2         Discovery Ed           2. How have we changed?         H22, R23, L4, L6, H21, H23, R22         Discovery Ed						R13, R16, R18, R19, R20, H33, H35, H36	TWINKLLife
Minds       2. Private body parts       R13, R18, R20       Discovery Ed         3. Looking after our bodies       H1, H2, H3, H8, H4, H7, H5       Discovery Ed         Summer 2       No Outsiders       We can work with everyone, even if they are different from ourselves.       Errol's Garden - Gillian Hibbs       No Outsiders       No Outsiders         Coping with Change       Growing and changing       1. Animal babies       R2       Discovery Ed         2. How have we changed?       H22, R23, L4, L6, H21, H23, R22       Discovery Ed         3. A future me       H22, R23, L4, H15, H16       Discovery Ed		Summer 1	No Outsiders	they are from, whatever their	My World, Your World - Melanie Walsh		No Outsiders
Minds       2. Private body parts       R13, R18, R20       Discovery Ed         3. Looking after our bodies       H1, H2, H3, H8, H4, H7, H5       Discovery Ed         5. Summer 2       No Outsiders       We can work with everyone, even if they are different from ourselves.       Errol's Garden - Gillian Hibbs       No Outsiders       No Outsiders         Coping with Change       Growing and changing       1. Animal babies       R2       Discovery Ed         2. How have we changed?       H22, R23, L4, L6, H21, H23, R22       Discovery Ed         3. A future me       H22, R23, L4, H15, H16       Discovery Ed			Healthy Bodies, Healthy	Amazing bodies	1. My amazing body	H1	Discovery Ed
Image: Problem Summer 2       No Outsiders       We can work with everyone, even if they are different from ourselves.       Errol's Garden - Gillian Hibbs       No Outsiders       No Outsiders       No Outsiders       No Outsiders       Image: Prol's Garden - Gillian Hibbs       No Outsiders       No Outsiders       No Outsiders       No Outsiders       Discovery Ed         Coping with Change       Growing and changing       1. Animal babies       R2       Discovery Ed       Discovery Ed         2. How have we changed?       H22, R23, L4, L6, H21, H23, R22       Discovery Ed         3. A future me       H22, R23, L4, H15, H16       Discovery Ed				-		R13, R18, R20	*
Summer 2       No Outsiders       We can work with everyone, even if they are different from ourselves.       Errol's Garden - Gillian Hibbs       No Outsiders       No Outsiders         Coping with Change       Growing and changing       1. Animal babies       R2       Discovery Ed         2. How have we changed?       H22, R23, L4, L6, H21, H23, R22       Discovery Ed         3. A future me       H22, R23, L4, H15, H16       Discovery Ed					3. Looking after our bodies	H1, H2, H3, H8, H4, H7, H5	Discovery Ed
even if they are different from ourselves.To work togetherIn work togetherIn work togetherCoping with ChangeGrowing and changing1. Animal babiesR2Discovery Ed2. How have we changed?H22, R23, L4, L6, H21, H23, R22Discovery Ed3. A future meH22, R23, L4, H15, H16Discovery Ed				Mental Health Awar	eness Week		
Coping with Change       Growing and changing       1. Animal babies       R2       Discovery Ed         2. How have we changed?       H22, R23, L4, L6, H21, H23, R22       Discovery Ed         3. A future me       H22, R23, L4, H15, H16       Discovery Ed		Summer 2	No Outsiders	· · ·			No Outsiders
2. How have we changed?       H22, R23, L4, L6, H21, H23, R22       Discovery Ed         3. A future me       H22, R23, L4, H15, H16       Discovery Ed				ourselves.			
3. A future me     H22, R23, L4, H15, H16     Discovery Ed			Coping with Change	Growing and changing			Discovery Ed
						H22, R23, L4, L6, H21, H23, R22	Discovery Ed
					3. A future me	H22, R23, L4, H15, H16	Discovery Ed
Living in the Wider World Aiming High 1. Star qualities and Positive learners (L1 and L2) <b>H21, H24, L14</b> IWINKLLife			Living in the Wider World	Aiming High	1. Star qualities and Positive learners (L1 and L2)	H21, H24, L14	TWINKLLife
2. Bright futures and Jobs for all (L3 and L4)       H21, H24, L14, L17, R23, R25, L16       TWINKLLife					<b>•</b>	H21, H24, L14, L17, R23, R25, L16	TWINKLLife
Relationships       Digital Wellbeing       1. Personal Information and Communicating online       H28, H34, L9, R10, R11, R12, R14       TWINKLLife         (L4 and L5)       (L4 and L5)       TWINKLLife       TWINKLLife			Relationships	Digital Wellbeing		H28, H34, L9, R10, R11, R12, R14	TWINKLLife

Year	Half Term	Channel	Торіс	Lesson	PSHE & RHE Core Theme	Where to find?
	Autumn 1	No Outsiders	Everyone can join in, finding	Can't I join your club - John Kelly and Steph Laberis		No Outsiders
			similarities, rather than	To welcome different people		
			differences.			
		Healthy and Happy	What makes a happy friendship?	1. What makes a happy friendship?	R6, R7	Discovery Ed
		Friendships		2. Personal boundaries	R17, R13, R18, R15	Discovery Ed
				3. Resilience	R9, R20	Discovery Ed
			PANTS are Pri	vate	R16	
			World Mental Hea	H17, R5		
		Living in the Wider World	Diverse Britain	1. My school and My community (L1 and L2)	L1, L4, R21, L4, L5	TWINKLLife
				2. My neighbourhood and My county (L3 and L4)	L2, L3, R25, L6	TWINKLLife
	Autumn 2	No Outsiders	Sometimes it's hard to be	How to be a Lion – Ed Vere		No Outsiders
			different but it's important to be proud of who you are.	To have self-confidence		
		Similarities and Differences	Strengths, abilities and	1. My strengths and abilities	H22, R23, L4, L6, H21, H23, R22, H11, H12,	Discovery Ed
			stereotypes		H13, H14, H15, H16	
				2. Stereotypes	H22, R23, L4, L6, H15, H16	Discovery Ed
				3. Who's job?	H22, R23, L4, L6	Discovery Ed
			Ice Safety Preve	ention	H32, H35	
			NSPCC Speak Out,			
	Spring 1	No Outsiders	People differ in the UK. This can	The Great Big Book of Families – Mary Hoffman		No Outsiders
			include: transport, celebrations,	To understand what diversity is		
			jobs, families homes and religion.			
		Caring and Responsibility	Special people in our	1. Community helpers	H22, R23, L4, L6, R22	Discovery Ed
Year 2			communities	2. When we need help	R20	Discovery Ed
		3. Our communities and groups			H22, R23, L4, L6, H18, H20, H24	Discovery Ed
		Safer Internet Day Children's Mental Health Week			R10, L7, L8, L9	
	Spring 2		1			
	Spring 2	No Outsiders	We can have fun with all types of people – celebrating diversity.	What makes a good friend		No Outsiders
		Families and Committed	The diversity of families	1. Who is in a family?	H22, R3	Discovery Ed
		Relationships		2. A happy family	R1, R4, R20	Discovery Ed
		Relationships		3. Families of all kinds		Discovery Ed
		Health and Wellbeing	Growing up	1. Our bodies (L1)	R1, R4, H22, R3 H25, H26, R13	TWINKLLife
				<ol> <li>Our bodies (L1)</li> <li>Getting older and Changes (L5 and 6)</li> </ol>	H26, H27, H20	TWINKLLife
	Summer 1	No Outsiders	Use of sign language to	What the Jackdaw Saw – Julia Donaldson		No Outsiders
	Junner 1		communicate.	To communicate in different ways		
		Healthy Bodies, Healthy	Staying safe and healthy	1. Healthy feelings	H1, H11, H12, H13, H14, H15, H16	Discovery Ed
		Minds		2. Staying safe at home	H37	Discovery Ed
				3. Feeling poorly	H1, H18, H20, H24, H19, R12, H10, H4	Discovery Ed
			Mental Health Aware			
	Summer 2	No Outsiders	Everyone is welcome, it doesn't	All Are Welcome – Alexandra Penfold		No Outsiders
			matter where they are from.	To know I belong		
		Coping with Change	Growing up and setting goals	1. When I am older	H22, R23, L4, L6	Discovery Ed
				2. Looking at the changes ahead	H21, H23, R22	Discovery Ed
				3. Goals	H22, R23, L4, L6, H21, H23, R22	Discovery Ed
		Living in the Wider World	Money Matters	1. Money and Where money comes from (L1 and L2)	L10, L15, L16	TWINKLLife
				2. Look after it and Spend or save? (L3 and L4)	L13, L11	TWINKLLife
	1			3. Want or need?	L12	TWINKLLife

Year	Half Term	Channel	Торіс	Lesson	PSHE & RHE Core Theme	Where to find?
	Autumn 1	No Outsiders	What is an 'outsider'?	This is Our House – Michael Rosen		No Outsiders
			Discrimination based on looks.	Understand what discrimination means		
		Healthy and Happy	Being a good friend	1. What makes a good friend	R11, R13, R14, H16	Discovery Ed
		Friendships		2. Personal space	R22, R27, R25, R26	Discovery Ed
				3. Resilience	H15, H16	Discovery Ed
			PANTS are Pri		R16	
			World Mental Hea		H17, R5	
		Living in the Wider World	Aiming High	1. Achievements and Jobs and Skills (L1)	H27, H28, L25, L26	TWINKLLife
				2. Jobs and Skills (L4)	L28, L29, L30	TWINKLLife
	Autumn 2	No Outsiders	Bullying of those who are different	We're all Wonders – RJ Palacio		No Outsiders
		Similarities and Differences	Valuing and respecting one	Understand what a by-stander is <ol> <li>Different but equal</li> </ol>	R32, R33, L6	Discovery Ed
		Similarities and Differences	another	2. Our school community	R31	Discovery Ed
				<ol> <li>Valuing one another and considering people's</li> </ol>	R21, L7, L8, L9, H17, H19, H20, H21	Discovery Ed
				feelings		Discovery Eu
			Ice Safety Preve		H32, H35	
			NSPCC Speak Out,			
	Spring 1	No Outsiders	To understand how our own	Beegu – Alexis Deacon		No Outsiders
			behaviour can make someone	To be welcoming		
			from another place feel like an			
			outsider.			
		Caring and Responsibility	Responsibilities and boundaries	1. Being Responsible	R33, R34, R31	Discovery Ed
				2. Responsibility and personal space	R22, R25, R29	Discovery Ed
				3. Caring and empathy	R1, R6, R7, H19	Discovery Ed
			Safer Internet	•	R10, L7, L8, L9	
Year 3			Children's Mental He			
	Spring 2	No Outsiders	Not judging people by their	The truth about old people – Elina Ellis		No Outsiders
			appearance (age, skin colour, gender)	To recognise a stereotype		
		Families and Committed	Different types of committed	1. Commitment and marriage	R8, R3, R5, R33, R34	Discovery Ed
		Relationships	relationships	2. All change	H17, H16	Discovery Ed
				3. Family changes: When parents separate	R4, R9	Discovery Ed
		Living in the Wider World	Aiming High	1. No Limit!(L5)	L9, L26, L27	TWINKLLife
		<u> </u>		2. When I grow up (L6)	L28, H28, L32	TWINKLLife
	Summer 1	No Outsiders	Supporting someone who feels	The Hueys in the New Jumper – Oliver Jeffers		No Outsiders
			different, even if it means you	To recognise and help an outsider		
			might also become an outsider.			
		Healthy Bodies, Healthy	Sleep, food and hygiene	1. The power of sleep	H16, H8	Discovery Ed
		Minds		2. Making healthy food choices	H1, H2, H3, H6	Discovery Ed
				3. Germs!	H11, H9, H40	Discovery Ed
			Mental Health Aware			
	Summer 2	No Outsiders	Britain is a great place to live.	Planet Omar: Accidental Trouble Magnet – Zanib		No Outsiders
			Everyone is different but we are all welcome.	Mian To consider living in Britain today		
		Coping with Change	Coping with feelings when things	1. New changes	H19	Discovery Ed
		coping with change	change	2. Feeling sad and showing empathy	H20, H21	Discovery Ed
				3. Happiness	H21, R20, H16, H24, R13	Discovery Ed
		First Aid		1. Bites and Stings	H43, H44	St Johns Ambulance
				2. Basic Life Support		
				3. Emergencies and Calling for help		
		Health and Wellbeing	Think Positive	1. Changes (L3)	H17, H18, H23, H24, H36, R13	TWINKLLife
		Relationships	Digital Wellbeing	1. Digital Kindness (L2)	R19, R20, R21	TWINKLLife

Year	Half Term	Channel	Topic	Lesson	PSHE & RHE Core Theme	Where to find?
	Autumn 1	No Outsiders	Realise that mixing with others	Along came a different – Tom McLaughlin		No Outsiders
			who are different is actual	To help someone accept difference		
			beneficial.			
		Healthy and Happy	Solving friendship difficulties	1. Qualities of a good friend	R13, R14, R11	Discovery Ed
		Friendships		2. Solving friendship difficulties	R16, R18	Discovery Ed
				3. Personal boundaries and permission	R22, R27, H45, H25, R22, R26	Discovery Ed
			PANTS are Pri	vate	R16	
			World Mental He	alth Day	H17, R5	
		Relationships	Digital Wellbeing	1. Do I know you? (L3)	R12, R23, R24	
				2. Online information (L4)	L12, L14, L16	TWINKLLife
	Autumn 2	No Outsiders	Being brave about our	Dogs don't do ballet – Anna Kemp and Sarah Oglivie		No Outsiders
			differences. Standing up for	To choose to be assertive		
			ourselves and others.			
		Similarities and Differences	Identity and diversity	1. Being British	R31, R32, R33, L6, R21, L7, L8, L9	Discovery Ed
				2. Making a judgement	R32, R33, L6, R34	Discovery Ed
				3. A different point of view	R32, R33, L6, R34, R31	Discovery Ed
			Ice Safety Preve	ention	H32, H35	
			NSPCC Speak Out,			
	Spring 1	No Outsiders		Red: A crayon's story – Michael Hall		No Outsiders
	1 0		might not be what we are feeling	To be proud of who I am		
			on the inside.			
		Caring and Responsibility	Rights and responsibilities	1. Our rights, our responsibilities	R31	Discovery Ed
				2. The UN convention on the Rights of the Child	R31	Discovery Ed
				3. Family roles and responsibilities	R33, R34, R8, R1, R6, R7	Discovery Ed
			Safer Internet	Day	R10, L7, L8, L9	
		Children's Mental Health Week				
Year 4	Spring 2	No Outsiders	Mixing with those who we see as	Aalfred and Aalbert – Morag Hood		No Outsiders
			'different' can actually bring	To find common ground		
			happiness.			
		Families and Committed	Families and other relationships	1. Different relationships: boundaries and	R32, R33, L6, R22, R24	Discovery Ed
		Relationships		behaviour		
				2. Belonging	R1, R6, R7	Discovery Ed
				3. Caring families	R1, R6, R7	Discovery Ed
		Living in the Wider World	Money Matters	1. Where does money come from? (L1)	L26, L29, L31	TWINKLLife
				2. Reasons to borrow (L3)	L32, L20, L24	TWINKLLife
	Summer 1	No Outsiders	Not hiding our true feelings of	When sadness comes to call – Eva Eland		No Outsiders
			sadness. How can we try and	To look after my mental health		
			improve our mental health?			
		Healthy Bodies, Healthy	Influences and personal choices	1. Healthy influences	R18, H1, H6, H37, L23	Discovery Ed
		Minds		2. Making healthy choices	H13, H7, H1, H6	Discovery Ed
				3. Dealing with feelings	H15, H17, H19, H16, H21, R20	Discovery Ed
			Mental Health Aware	-		
	Summer 2	No Outsiders	To accept difference – no	Julian is a mermaid – Jessica Love		No Outsiders
		· · · · · · · · · · · · · · · · · · ·	questions asked.	To show acceptance		
			Puberty and hygiene	1. What is puberty?	H30, H31, H32, H34	Discovery Ed
				2. Understanding periods	H30, H31, H32, H34	Discovery Ed
		First Aid		3. Keeping clean as we grow and change	H30, H31, H32, H34, H9	Discovery Ed
				1. Asthma	H43, H44	St Johns Ambulance
				2. Head Injuries     3. Basic Life Support		
				<ol> <li>Basic Life Support</li> <li>Emergencies and Calling for help</li> </ol>		
		Living in the Wider World	Money Matters	1. Spending decisions (L4)	L19, L20, L21	TWINKLLife
		Health and Wellbeing	Safety First	1. What are the risks?	H38, H39	TWINKLLife
			Salety Hist		1.50, 1155	

Year	Half Term	Channel	Торіс	Lesson	PSHE & RHE Core Theme	Where to find?
	Autumn 1	No Outsiders	Following 'the crowd' can have	Kenny lives with Erica and Martina – Olly Pike		No Outsiders
			consequences.	To consider consequences		
		Healthy and Happy	Changing friendships	1. Identity	R10, R32, R33, L6, R21, L7, L8, L9	Discovery Ed
		Friendships		2. Peer Pressure	R18	Discovery Ed
				3. Emotional health and wellbeing	H15, H16, H17	Discovery Ed
			PANTS are Pri		R16	
			World Mental Hea		H17, R5	
		Health and Wellbeing	Safety First	1. Home-Safe and Sound (L5)	H35, H39, H40	TWINKLLife
				2. Outdoors – Playing it safe (L6)	H38, H41	TWINKLLife
	Autumn 2	No Outsiders	A child's perspective of	Rose Blanche – Ian McEwan and Roberto Innocenti		No Outsiders
			people being transported to Jewish concentration camps.	To justify my actions		
		Similarities and Differences	Celebrating strengths and setting	1. Strengths and abilities	R32, R33, L6, R31	Discovery Ed
			goals	2. Setting goals	R31	Discovery Ed
				3. Online safety	R23, R24, R29, L13, L14	Discovery Ed
			Ice Safety Preve	ention	H32, H35	
			NSPCC Speak Out,	Stay Safe		
	Spring 1	No Outsiders	Racism does not work. It is better when we mix.	Mixed – Arree Chung Consider responses to racist behaviour		No Outsiders
		Caring and Responsibility	Caring in the community	1. Changing needs	R33, R34	Discovery Ed
				2. Feeling lonely	H17, H19, H16, H24, R13	Discovery Ed
				3. Why volunteer?	H16	Discovery Ed
			Safer Internet	Day	R10, L7, L8, L9	
			Children's Mental He	ealth Week		
Year 5	Spring 2	No Outsiders	Amnesty International – people who have been imprisoned because of speaking up about wanting certain freedoms.	How to heal a broken wing – Bob Graham Recognise when someone needs help		No Outsiders
			Healthy, committed relationships	1. Values of healthy relationships	R4, R9, R11	Discovery Ed
		Relationships		2. Diversity in relationships	R2, R7, R6, R8	Discovery Ed
		·		3. It's all about commitment	R2, R7, R6, R8, R3, R5	Discovery Ed
		Health and Wellbeing	It's my body	1. Taking care of our bodies (L3)	H4, H6, H9, H10, H11, H12	TWINKLLife
				2. Harmful substances (L4)	H46, H47, H48, H49, H50, R28	TWINKLLife
	Summer 1	No Outsiders	Girls – leading very different lives but still maintaining a friendship			No Outsiders
		Healthy Bodies, Healthy	Valuing our bodies and minds	1. Valuing ourselves	R31, H15	Discovery Ed
		Minds		2. Alcohol, tobacco and drugs	H46, H47, H48	Discovery Ed
				<ol> <li>Keeping well (Viruses, bacteria and immunisation)</li> </ol>	H9, H40, H10	Discovery Ed
			Mental Health Aware			
	Summer 2	No Outsiders	A family with two dads. Why are some books banned?	And Tango Makes Three – Justin Richardson Express an opinion		No Outsiders
		Coping with Change	Puberty and emotions	1. Puberty	H30, H31, H32, H34	Discovery Ed
				2. Puberty and emotions	H30, H31, H32, H34, H19, H20, H21	Discovery Ed
				3. Emotional changes: managing well	H19, H20, H21, H15	Discovery Ed
		First Aid		1. Bleeding	H43, H44	St Johns Ambulance
				2. Burns and Scalds		
				3. Basic Life Support		
				4. Emergencies and Calling for help		
		Relationships	Be yourself	1. Uncomfortable feelings	H18, H19, R17	TWINKLLife
		Living in the Wider World	Diverse Britain	1. Identities (L1)	H25, R33, L3	

Year	Half Term	Channel	Торіс	Lesson	PSHE & RHE Core Theme	Where to find?
	Autumn 1	No Outsiders	Immigration. Why might people	King of the Sky – Nicola Davies		No Outsiders
			immigrate? How might they feel?	Consider responses to immigration		
		Healthy and Happy	Personal safety	1. Emotional health and wellbeing	R18, H19	Discovery Ed
		Friendships		2. Relationships and change	R10, R13, R14, R16	Discovery Ed
				3. Wider emotions	H17, H19, H20, H21	Discovery Ed
			PANTS are Priv		R16	
			World Mental Hea		H17, R5	
		Living in the Wider World	Diverse Britain	1. Communities (L2)	L4, L5, L6, L8	TWINKLLife
				2. Respecting the Law and Local Government (L3 and L4)	L1, L10, R21, L2, L9, L10	TWINKLLife
	Autumn 2	No Outsiders	Freedom of speech. How we can be influenced by what others say.	The Only way is Badger – Stella J Jones Consider language and freedom of speech		No Outsiders
		Similarities and Differences	Respectful behaviour online and offline	1. Identity online	R23, R24, R30, R31, L11, L15, H37, L23, R20, H42	Discovery Ed
				2. Online bullying	H37, R20, L11, H42, R23, R24, R30, R31	Discovery Ed
				3. Identity and belonging	R31, L7, L8, L9, R32, R33, L6	Discovery Ed
			Ice Safety Preve	ention	H32, H35	
			NSPCC Speak Out,	Stay Safe		
	Spring 1	No Outsiders	Prejudice against those we don't	Leaf – Sandra Dieckmann		No Outsiders
			know or understand.	Overcome fears about difference		
		Caring and Responsibility	Responsible behaviour as we get	1. Taking care of myself	R31	Discovery Ed
			older	2. Looking after our money	L17, L18	Discovery Ed
				3. Transition to secondary	R29	Discovery Ed
			Safer Internet	Day	R10, L7, L8, L9	
		Children's Mental Health Week				
Year 6	Spring 2	No Outsiders	Our attitude and behaviour to	The Island – Armin Greder		No Outsiders
			those who are different.	To consider causes of racism		
		Families and Committed	Starting a family (Sex Education)	1. Starting a family		Discovery Ed
		Relationships		2. The impact of having a baby		Discovery Ed
				3. When is it right?		Discovery Ed
		Health and Wellbeing	lt's my body	3. How we think and feel about our bodies (L5)	H3, H26, H27, L9, L16	TWINKLLife
				4. Healthy choices (L6)	H1, H3, H5, H6, H14	TWINKLLife
	Summer 1	No Outsiders	Transgender – We are assigned a gender at birth. What happens if we don't agree?	Introducing Teddy – Jessica Walton To show acceptance		No Outsiders
		Healthy Bodies, Healthy	Being the best me	1. Being the best me	R31	Discovery Ed
		Minds		<ol> <li>Social media and our wellbeing</li> </ol>	R23, R24, R29, H13, R30, L15, H37, L23, R20, L11, H42	Discovery Ed
				3. Taking care of our mental health	H17, H20, H21, H16, H22	Discovery Ed
			Mental Health Aware	-		· ·
	Summer 2	No Outsiders	LGBT rights. Arguments for and against	A Day in the Life of Marlon Bundo To consider democracy		No Outsiders
		Coping with Change	Coping with the emotional	1. Body image	R32, R33, L6, H30, H31, H32, H34	Discovery Ed
			effects of life changes	2. Puberty and changing relationships	R8, R16, H30, H31, H32, H34, H17, H19	Discovery Ed
				3. Moving on	R32, R33, L6, R10, H17	Discovery Ed
		First Aid		1. Choking	H43, H44	St Johns Ambulance
				2. Allergies		
				3. Basic Life Support		
				4. Emergencies and Calling for help		
		Health and Wellbeing	Transition to Secondary	1. Doubts and Fears	H24, H28, H35, H36	TWINKLLife
				2. Challenges and Opportunities	H24, H28, H35, H36	TWINKLLife
				3. A New Chapter	H24, H28, H35, H36	TWINKLLife