

Nursery and Reception Long Term Plan

Term	Topic/Theme	Lesson	Title	Learning Focus
Autumn	Super Me	1	Things I am good at	I can recognise and celebrate abilities and achievements
		2	My wellbeing box	I can understand what things have a positive effect on our wellbeing.
		3	What can I see?	I can develop a positive sense of self
		4	Dino Differences	I can understand and celebrate that everyone is different
	Positive Relationships	1	Making Friends	I can gain confidence in making friends
		2	We can sort this out	I can understand how to resolve conflicts
		3	My friends are special	I can understand what makes a good friend
		4	My family tree	I can discuss families and people who are important to us.
	Being Safe	1	Help Goldilocks make safer choices	I can understand ways to stay safe when out and about
		2	Is it safe to eat?	I can understand when things are safe to eat
		3	Stop, Look and Listen	I can understand aspects of road safety
		4	What do you do online?	I can understand what choices to make online
		5	Spot what's hot	I can understand how to keep safe around potential dangers
Spring	Working Together	1	We can share	I can understand the importance of sharing
		2	We can take turns	I can understand the importance of taking turns
		3	Showing kindness	I can understand the importance of showing kindness to other children
		4	Respecting rules	I can understand the importance of rules
		5	Magic manners	I can understand the importance of manners
		6	Our class ocean	I can begin to understand the importance of teamwork
	How I Feel	1	Emotions Feelings station	I can identify basic emotions
		2	My likes and dislikes	I can identify what I like and what I don't like
		3	Little book of happiness	I can identify and understanding basic emotions
		4	Crossing the bridge	I can gain the confidence to develop their own ideas and share them with others
	My Body	1	Happy teeth	I can show an understanding of the importance of good oral health
		2	My amazing body	I can find strategies for looking after our bodies
		3	Glitter hands	I can understand the importance of handwashing
		4	Fruit and vegetable feeling bag	I can talk about making healthy choices for food and drinks
Summer	Me and My World	1	What is my job?	I can identify different occupations and begin to talk about them.
		2	Protecting our ocean	I can understand the importance of looking after our world
		3	Up and off we go	I can learn about people around the world
		4	Who helps me?	I can understand who helps us in our lives
	Look What I Can Do	1	The getting dressed game	I can practice getting dressed and undressed
		2	Can you find it?	I can follow simple instructions
		3	The girl who never tidies up	I can understand the importance of tidying up
	Reach for the Stars	1	Learning from our mistakes	I can understand it's OK to make mistakes and that we can learn from them
		2	That's what I like about you	I can build self-confidence
		3	Can you spot what's missing?	I can develop my concentration and attention
		4	Persevering Pedro	I can understand what perseverance is and why it is important
		5	My busy bee	I can begin to set simple goals.

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Autumn	Super Me	1	What's your superpower?	I can identify and understand what makes us special and different
		2	Wellbeing warriors	I can understand strategies for promoting wellbeing
		3	My treasure chest	I can recognise and celebrate abilities and achievements
		4	Our class puzzle	I can understand and celebrate that everyone is different
	Positive Relationships	1	Let's be friends	I can gain confidence in making friends
		2	Friendship recipe	I can understand what makes a good friend
		3	My solution wheel	I can understand how to resolve conflicts
		4	I love them because	I can discuss families and people who are important to us
	Being Safe	1	Staying safe online	I can understand ways to stay safe online
		2	Can I eat it?	I can understand when things are safe to eat
		3	Staying safe when out and about	I can understand ways to stay safe when out and about
		4	Staying safe by the road	I can understand aspects of road safety
		5	Things that are hot	I can understand that certain things are hot and dangerous to me
Spring	Working Together	1	My turn-taking wand	I can understand the importance of turn-taking
		2	How they might be feeling?	I can understand how others might be feeling
		3	Show and share	I can understand the importance of sharing.
		4	Island Rescue: Teamwork	I can understand the importance of teamwork
	How I Feel	1	Regulating Reggie	I can recognise how to regulate emotions
		2	My Opinions	I can gain confidence in sharing ideas and opinions
		3	My magic box	I can gain the confidence to develop their own ideas and share them with others
		4	Loose parts – Feeling faces	I can understand about different emotions
	My Body	1	Healthy habits	I can look at strategies for looking after our bodies
		2	A balanced diet	I can begin to understand what is included in a balanced diet
		3	My healthy smile	I can look at strategies for looking after our teeth
Summer	Me and My World	1	People who help us in the community	I can discover different types of people who help us in the community
		2	Families around the world	I can learn about people around the world
		3	When I grow up	I can talk about different occupations
		4	Looking after our world	I can understand different ways to help the environment
	Look What I Can Do	1	Which way should I go?	I can follow simple instructions
		2	Me and my clothes	Understanding different types of clothing and what they are used for. Practising getting dressed and undressed.
		3	Our class tidy up	I can understand the importance of tidying up
	Reach for the Stars	1	Building resilience	I can understand what resilience is and why it is important
		2	I believe in me	I can develop confidence and self-belief
		3	I can persevere	I can understand what perseverance is and why it is important
		4	Going for goal	I can understand what goals are and set simple goals
		5	I heard the magic word	I can develop focused attention