

The Power of Play

Strengthening the Child-Parent Relationship

A series of workshops by **Sabrina Persiano** Certified and registered Play Therapist
held at **St. Peter's Church, Elworth**



Do you want to come and play with your child and have some fun whilst developing your relationship and parenting skills?

We offer a series of ten 2 hour weekly positive play workshops for parents, carers, grandparents and children aged 2-5 years **FREE OF CHARGE**.

Call Sabrina Persiano on **07866 731527**

Supported by
St. Peter's Church, Elworth,
Cheshire East Council and
The Church of England Diocese of Chester

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We know parenting can be really hard especially with busy lives, work, schedules and gadgets. The last thing on someone's mind at the end of a tiring day is dealing with a temper tantrum. In these workshops you will explore and understand why children sometimes have difficult behaviours. All the sessions are interactive, experiential and reflective. The idea is to move forward therefore no one is judged or pressured. Limited to six places only, confidentiality is guaranteed.

What will you get out of it?

- Increase the bond with your child
- Increase your child's self-esteem
- Increase your confidence as a parent, carer or grandparent
- Deal with tantrums effectively
- Communicate effectively
- Initiate child-led play
- You will have a happier home life
- You are encouraged to initiate discussion
- You will receive parental support
- You will have the opportunity to make friends with other parents, carers and grandparents

Also included:

- Time for biscuits, tea, coffee and healthy snacks for the children
- Creche available

Join us to discover the Power of Play. A taster introductory session will be held in May and September (call or email for details) at St. Peter's Church, Elworth. Come join us and explore what this is about ...if this is for you a series of ten Positive Play workshops follow on a weekly basis (term time only).

These workshops are offered **FREE OF CHARGE** thanks to the Cheshire East Giveback Grant and St. Peter's Church, Elworth.

...**"Very informative"** • **"It helped me put strategies in place to minimize disruptive behaviours"** • **"Even the social side of it has been really pleasant"** • **"An appreciation of generations to come"** • **"It is absolutely vital for parents and grandparents"**...

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or email sabrina@playtherapycentre.co.uk

