

Excalibur PE Curriculum in EYFS

| Subject | Area of the EYFS | Key skills/knowledge | How we teach it | Early Learning Goal |
|---------|----------------------|---|---|--|
| PE | Physical development | To hold a pencil comfortably To use scissors safely and effectively To demonstrate control over my body and other objects | Fundamental Skills programme for PE lessons Gross motor – bikes, scooters, outdoor equipment e.g. A frame area. Fine motor and muscle memory: Dough disco and Funky Fingers Scissor skills progression | Gross Motor Skills ELG Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Fine Motor Skills ELG Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases Use a range of small tools, including scissors, paint brushes and cutlery Begin to show accuracy and care when drawing. |