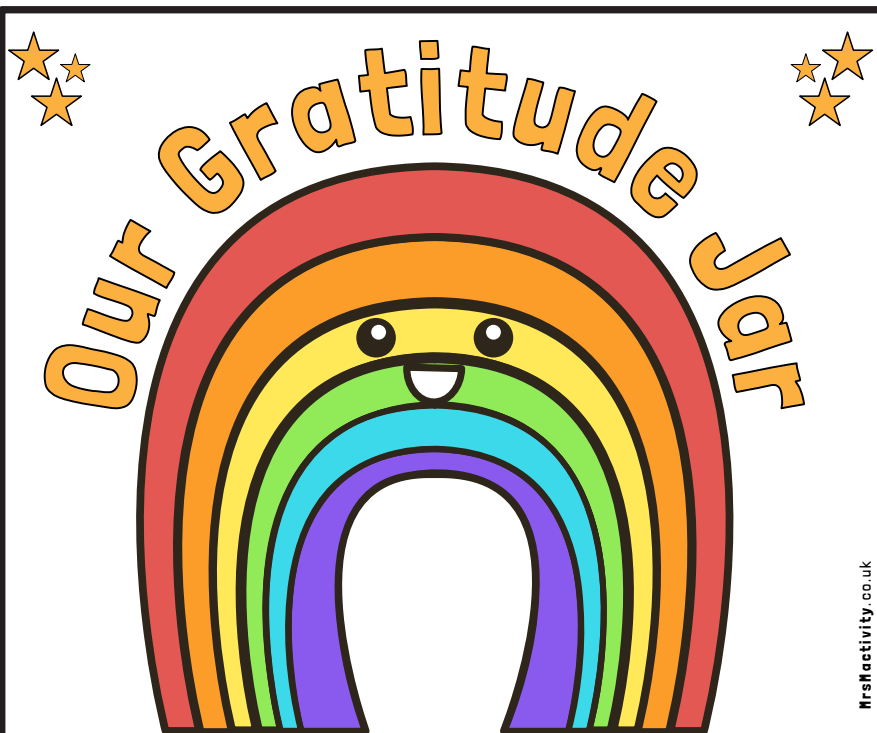




Gratitude Jar

Keep those happy faces glowing with these daily (or weekly!) prompts that instil gratitude and appreciation for the small and important things around you.

Jar Label



THINGS I AM GRATEFUL FOR.

What was the best thing that happened today?

THINGS I AM GRATEFUL FOR.

Name something that's made you happy.

THINGS I AM GRATEFUL FOR.

What was the best thing that happened today?



THINGS I AM GRATEFUL FOR.



What's your favourite outdoor activity?

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THINGS I AM GRATEFUL FOR.



Name someone who helps you. Who do you help?

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THINGS I AM GRATEFUL FOR.



Name one thing that you are grateful to have.

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THINGS I AM GRATEFUL FOR.



Who is your best friend and why?

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THINGS I AM GRATEFUL FOR.



What do you like most about your favourite subject?

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THINGS I AM GRATEFUL FOR.



Who was the last person to give you something? Who did you give to?

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THINGS I AM GRATEFUL FOR.



Where is your favourite place to play or relax?

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THINGS I AM GRATEFUL FOR.



What do you like most about your family?

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THINGS I AM GRATEFUL FOR.



What do you and your family enjoy doing together?

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THINGS I AM GRATEFUL FOR.



What's your favourite hobby and why?

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THINGS I AM GRATEFUL FOR.



Name someone you feel grateful for today and why.

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THINGS I AM GRATEFUL FOR.



What are your favourite items (toys, books, games) at home and why?

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THINGS I AM GRATEFUL FOR.



What is the best things that's recently happened to you?

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THINGS I AM GRATEFUL FOR.



Who made you laugh today?

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THINGS I AM GRATEFUL FOR.



What's your current favourite joke?

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THINGS I AM GRATEFUL FOR.



What's the silliest things you've heard/seen recently?

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THINGS I AM GRATEFUL FOR.



Who have you seen spoken to this week?

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THINGS I AM GRATEFUL FOR.



What song is currently stuck in your head?

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THINGS I AM GRATEFUL FOR.



What did you eat today? And did you enjoy it?

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THINGS I AM GRATEFUL FOR.



What's your favourite snack? And did you offer some to somebody?

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THINGS I AM
GRATEFUL FOR.



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THINGS I AM
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Blank Drawing Template