







Sandbach Children's Centre

Serving Sandbach, Alsager & Middlewich

Crewe Rd. Sandbach CW11 4NS 01270 371235

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandbach Activities	<p>Cherubs 10.00-11.30 Ashfields Medical Centre Breastfeeding Support Group</p> <div> <p><u>New Year-New You</u> Interested in Volunteering? We can offer group support and admin roles. Call us on 01270 371235</p> </div>	<p>SCPS Toddler Fun Time (invitation only session)</p> <p>Monthly Lego Club 3:30-4:30 2nd Tuesday of the month</p> <p>Antenatal Clinic 2.30-4.30 Appointment Only Ashfields Medical Centre</p> <p>Child Health Clinic 10.00-12.00 Ashfields Medical Centre</p> 	<p>Antenatal 9:00-5:00pm Call 01270 371235 to book</p> <p>Baby Basics(postnatal group) 2.00-3.00 Health Visitor led session covering women's health, sleep, play & more. Please call 01270 371235 to confirm.</p>	<p>Sensory Time Under 1's 1:30-2:30 Under 1's Sensory Time</p> <p>Dads' Stuff Monthly group for male carers 5:00-8.00pm 14th Jan—Your wishes for 2016</p> <p>Antenatal Clinic 2.30-4.30 Appointment only Ashfields Medical Centre</p>	<p>Sandbach Stay and Play 10:00-12:00 Play for 0-5's Come meet the team & other local families at our Stay & Play session.</p> <p>Weaning Advice 10.00-11.00 Ashfields Medical Centre (monthly)</p> 
Alsager Activities	<p>Sensory Time Under 1's 10.45 or 11.30 - (30 min sessions) Alsager Medical Centre Call 01270 371127 to book a place</p> <p>Cherubs 1.30-3.00 Alsager Health Centre Breastfeeding Support Group</p> <p>Weaning Advice 10.30-11.30 Alsager Health Centre(monthly)</p>	<p>Monthly Lego Club 3:30-4:30 Alsager Library 3rd Tuesday of the month</p>	<p>Alsager Stay and Play 1:30-3:00pm Alsager Civic Centre Meet the team & other local families at our Stay & Play session.</p> <p>Child Health Clinic 2.00-4.00 Alsager Health Centre Health Visitors available for advice and baby weighing</p> 	<p>Baby Basics(postnatal group) 10.00-11.00 Alsager Health Centre Health Visitor led session covering women's health, sleep, play & more. Please call 01270 371235 to confirm.</p>	<div> <p>Our Family Service workers are always available to offer advice and support with parenting, benefits, work issues and much more...Please call 01270 371235</p> </div>
Middlewich Activities	<p>Antenatal Clinic 9:00-12:30 Salinae Appointments only</p> <p>Sensory Time Under 1's 10:00-11:00 Salinae Under 1's play time</p> 	<p>Baby Basics(postnatal group) 2:00-3:00 Salinae Health Visitor led session covering women's health, sleep, play & more. Please call 01270 371235 to confirm.</p> <p>Playmakers 9.30-10.30 Wych Centre, Middlewich 5, 12, 19, 26 Jan A physical activity programme involving ball skills, athletics, imagination & more! Please call 01270 371235 to book a place</p>	<div> <p>HELP WANTED! Join the Advisory Board and support the work of your Children's Centre Call 01270 371235 for more information</p> </div>	<p>Weaning Advice 10.30- 11.30 Salinae (monthly)</p> <p>Middlewich Stay and Play 1:30-3:00 Wych Centre Play session for 0-5's.Come and meet the team & other local families .</p> <p>Child Health Clinic 2:00-4:00 Salinae (HV's advice and weighing session)</p>	<div> <p> Follow us on twitter @SandbachAlsager</p> </div>

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We run regular 5 week courses of **BABY MASSAGE** within our three settings and rural areas. We have a waiting list set up so please call us on **01270 371235** to book your place.

CONGRATULATIONS to Maria Bibby for guessing **HAPPY** as the Snowman's name. **A BIG THANK YOU** to everyone who took part and helped to raise £50.00 which will go to Marias chosen charity, The Wingate Centre in Nantwich.

PARKING



Due to limited space in the primary school car park, we advise parking on either Newall Avenue or Union Street which are situated off the main road before and after the Children's Centre pedestrian entrance.

LEGO CLUB SANDBACH AND ALSAGER

Come along and experience the creative world of Lego and Duplo. Welcoming all ages of children with their parents.



**Join in
the fun**



Build, design, create, re make, get your imagination whirling!

WORK CLUBS

Did you know that there are Work Clubs in Sandbach, Alsager & Middlewich who can help with writing CVs, sourcing training and seeking employment?

Sandbach session-Wed 1.30-4.30
call 07580724932 (Sandbach Library)

Alsager session-Thurs 12.00-2.00
call 07751960579 (Christ Church)

Middlewich session-Wed 10.00-12.00
call 07580724932 (Middlewich Library)

ADULT LEARNING

We have a Maths Functional Skills Course starting in Feb 2016.

Please call 01270 371235 for more information or for a discussion around any further adult learning queries.



FIRST AID

Concerned about your level of First Aid knowledge? Come along to a friendly, relaxed First Aid session in your area:

Feb 2nd '16-Sandbach Children's Centre

For more info or to book :
Call 01270 371235



Follow us on twitter
[@SandbachAlsager](https://twitter.com/SandbachAlsager)

Like us on:



FOOD BANKS

Did you know that there are food banks in Sandbach, Alsager & Middlewich?

Would you like to be referred for support?

Call Sandbach Children's Centre:
01270 371235

WE CAN HELP !

A Sure Start Children's Centre