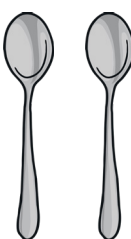
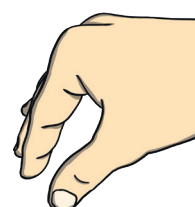


Tablespoon Pizza in a Mug Recipe



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1



2



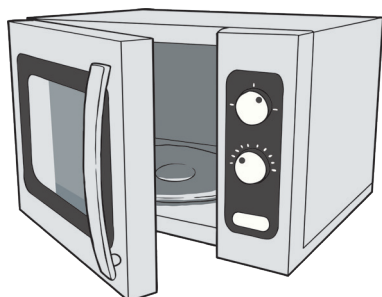
3



4



5



1 minute 40 seconds



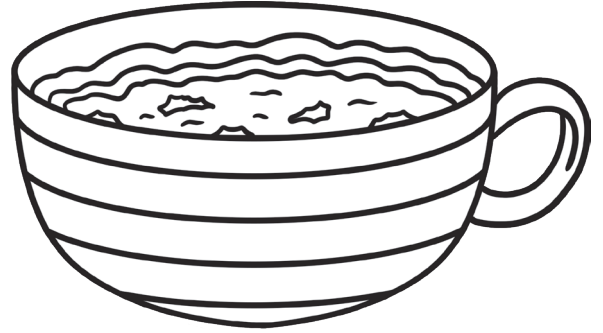
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Tablespoon Pizza in a Mug Recipe

Adult Guidance

You will need:

- 4 tablespoons of self-raising flour
- A pinch of salt
- 3 tablespoons of milk
- 1 tablespoon of oil
- 1 tablespoon of tomato puree or passata
- 2 tablespoons of grated mozzarella cheese
- A mug



You may wish to add additional toppings to your pizza.

Method:

1. Mix the self-raising flour and the salt together in a mug.
2. Add in the milk and the oil, mixing until it makes a dough.
3. Spoon the tomato puree on top of the dough and spread it around.
4. Sprinkle on the cheese and any other additional toppings.
5. Cook in the microwave for 1 minute and 40 seconds.
(Timings are based on an 800W microwave. Your timing may vary.)
6. Tip out of the mug, cool and enjoy!

