

# Sandbach Children's Centre

Serving Sandbach, Alsager & Middlewich

Crewe Rd, Sandbach CW11 4NS 01270 371235

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandbach Activities	<p><b>Cherubs</b> 10.00-11.30 Ashfields Medical Centre Breastfeeding Support Group</p> <div> <p><b>HELP WANTED!</b> Join the Advisory Board and support the work of your Children's Centre Call 01270 371235 for more information</p> </div>	<p><b>SCPS Toddler Fun Time</b> (invitation only session)</p> <p><b>Monthly Lego Club</b> 3:30-4:30 2nd Tuesday of the month</p> <p><b>Antenatal Clinic</b> 2.30-4.30 Appointment Only Ashfields Medical Centre</p> <p><b>Child Health Clinic</b> 10.00-12.00 Ashfields Medical Centre</p> 	<p><b>Antenatal</b> 9:00-5:00pm Call 01270 371235 to book</p> <p><b>Baby Basics( postnatal group)</b> 2.00-3.00 Health Visitor led session covering women's health, sleep, play &amp; more Please call 01270 371235 to confirm.</p> <p><b>Playmakers</b> 12.30-1.30 Sandbach Childrens Centre 9, 16, 23 Mar A physical activity programme involving ball skills, athletics, imagination &amp; more!</p>	<p><b>Sensory Time Under 1's</b> 1:30-2:30 Under 1's Sensory Time</p> <p><b>Dads' Stuff</b> Monthly group for male carers 5:00-8.00pm 10th Mar-focus on Safer Sleep (babies) 31st Mar - Easter/spring party</p> <p><b>Antenatal Clinic</b> 2.30-4.30 Appointment only Ashfields Medical Centre</p>	<p><b>Sandbach Stay and Play</b> 10:00-12:00 Play for 0-5's Come meet the team &amp; other local families at our Stay &amp; Play session.</p> <p><b>Weaning Advice</b> 10.00-11.00 Ashfields Medical Centre (monthly)</p> 
Alsager Activities	<p><b>Sensory Time Under 1's</b> 10.45 or 11.30 - (30 min sessions) Alsager Medical Centre Call 01270 371127 to book a place</p> <p><b>Cherubs</b> 1.30-3.00 Alsager Health Centre Breastfeeding Support Group</p>	<p><b>Monthly Lego Club</b> 3:30-4:30 Alsager Library 3rd Tuesday of the month</p> <p><b>Weaning Advice</b> 1.30-2.30 Alsager Health Centre ( last Tues of the month)</p> 	<p><b>Alsager Stay and Play</b> 1:30-3:00pm Alsager Civic Centre Meet the team &amp; other local families at our Stay &amp; Play session.</p> <p><b>Child Health Clinic</b> 2.00-4.00 Alsager Health Centre Health Visitors available for advice and baby weighing</p>	<p><b>Baby Basics (postnatal group)</b> 10.00-11.00 Alsager Health Centre Health Visitor led session covering women's health, sleep, play &amp; more. Please call 01270 371235 for info.</p>	<div> <p><b>Our Family Service workers</b> are always available to offer advice and support with parenting, benefits, work issues and much more...Please call 01270 371235</p> </div>
Middlewich Activities	<p><b>Antenatal Clinic</b> 9:00-12:30 Salinae Appointments only</p> <p><b>Sensory Time Under 1's</b> 10:00-11:00 Salinae Under 1's play time</p> 	<p><b>Baby Basics( postnatal group)</b> 2:00-3:00 Salinae Health Visitor led session covering women's health, sleep, play &amp; more. Please call 01270 371235 to confirm.</p>	<div> <p><b>Interested in Volunteering?</b> We can offer group support and admin roles. Call us on 01270 371235</p> </div>	<p><b>Weaning Advice</b> 10.30- 11.30 Salinae (monthly)</p> <p><b>Middlewich Stay and Play</b> 1:30-3:00 Wych Centre Play session for 0-5's.Come and meet the team &amp; other local families .</p> <p><b>Child Health Clinic</b> 2:00-4:00 Salinae (HV's advice and weighing session)</p>	<div>  <p><b>Follow us on Twitter</b> <b>@SandbachAlsager</b></p> </div> 



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## NEED HEALTH VISITOR ADVICE? Ring your local clinic:

Salinae, Middlewich  
01606 544050

Alsager Health Centre  
01270 275570

Ashfields, Sandbach  
01270 275050

Did you know there is a scheme that offers free childcare for 2 yr olds?



Get in touch with  
**Cheshire East Family  
Information service**  
NOW to find out if  
you are eligible :

Call: 0300 123 5033

## FOOD BANKS

Did you know that there are  
food banks in  
Sandbach, Alsager & Middlewich?

Would you like to be referred for  
support?

Call Sandbach Children's Centre:  
01270 371235

## PARKING



Due to limited space in the primary school  
car park, we advise parking on either **Newall  
Avenue** or **Union Street** which are situated  
off the main road before and after the  
Children's Centre pedestrian entrance.

## LEGO CLUB SANDBACH AND ALSAGER

Come along to our monthly Tuesday  
sessions and experience the creative  
world of Lego and Duplo.

Welcoming all ages of children with  
their parents, on 2nd Tuesday of the  
month at Sandbach CC, 3rd Tuesday  
of the month at Alsager Library :

**8th Mar -SB, 15th Mar - Alsager**

Join in  
the fun



Follow us on twitter  
@SandbachAlsager

Like us on:



## WORK CLUBS

Did you know that there are Work  
Clubs in Sandbach, Alsager &  
Middlewich who can help with  
writing CVs, sourcing training and  
seeking employment?

**Sandbach session**-Wed 1.30-4.30  
call 07580724932 (Sandbach Library)

**Alsager session**-Thurs 12.00-2.00  
call 07751960579 (Christ Church)

**Middlewich session**-Wed 10.00-12.00  
call 07580724932 (Middlewich Library)



Save the date!  
**14-20 March 2016**

Look out for our  
display in your  
Children's Centre!

What makes a safe  
sleeping environment for  
your baby?

For more info log on to:

[www.lullabytrust.org.uk](http://www.lullabytrust.org.uk)

## Safer sleep for babies

Things You Can Do:



A Sure Start Children's Centre .